FORTHCOMING EVENTS

OCT
- Wed 9 – Fri 11: Sherwood Arrows on Tour
- Tue 15: ICAS English Certificates presented on parade
- Thu 17: Instrumental Concert Night (New Hall) 6:30pm
- Mon 21: Student Free Day
- Wed 23 – Fri 25: Year 5 Camp
- Thu 24 – Tue 29: Scholastic Book Fair
- Mon 28: P&C Meeting (7.30-9.30pm - Staff Room)

NOV
- Mon 4-Fri 8: Spell-A-Thon Testing
- Wed 6: Choral Concert Night (New Hall – 6.30-8.00pm)
- Mon 11: Yr 2 & 3 String Parents Meeting (Music Room – 6.30-8.00pm)
- Wed 13: Arts Council Performance (New Hall)
- Fri 22: Medieval Day – Year 6 (New Hall)
- Mon 25: P & C Meeting (7.30-9.30pm-Staff Room)

DEC
- Wed 4: Awards Day (New Hall – 9.00am)
- Wed 11: Year 7 Graduation
- Fri 13: Final Day of School

E-NEWSLETTER - To receive our Newsletter via email type the link below in the address bar of your browser.
Welcome back to the last term of 2013. Dr Greg Nelson will be on Long Service leave for the next two weeks. During that time, I will be in the Acting Principal position and Heidi Casperson, our Learning Support teacher, will take the role of Acting Deputy.

Towards the end of last term teachers raised some concerns regarding the before school routine for students. The concerns raised included safety, consistency of school rules and students being ready to learn for the beginning of each school day. After much consideration, it was decided that a new before school routine would be put in place, beginning this term.

Prior to 8:00am all students are required to sit under A block.

After 8.00am:

All Prep – Yr 3 students will arrive at school, place their bag in the appropriate bag racks or outside their classroom and then move to the area underneath the Prep buildings. They are allowed to play in the grassed area adjacent to this but not beyond the first path. The playground is out of bounds. Handballs are allowed, but no other balls or toys should be brought to school.

Yr’s 4 – 7 place their bags in the appropriate area and then move to the area under A Block, the handball courts or the tennis courts, as long as there are no tennis lessons in progress. The front of the school and the playground are out of bounds. Again, no other balls or toys should be brought to school.

No students are permitted to play on the oval.

Mrs Morgan, our HPE teacher, is purchasing extra balls and equipment that will be available at lunch times.

Ms Casperson and I will be assisting students to follow these routines over the next two weeks. Following this, Dr Nelson and I will periodically visit these areas each morning.

The Sherwood Arrows have embarked on a skipping tour this week from Wednesday – Friday. We wish them all the best and look forward to rave reviews on their return! I am certain that they will be well received at each school they visit. A big thank you to Mr David Hass who gives up so much of his own time to train, organise and accompany the skippers on these and other events.

I am sure that Term 4 will be positive and productive for all our staff and students!

Students not returning in 2014: With this week’s newsletter you will find a “Class Planning” form for 2014. It is imperative that this form is completed and returned to the office if your child/children will not be returning to Sherwood SS next year. Please click here to download a copy of the form.

MUSIC NEWS

Rebecca Starr

I’ve received the times for our performances at Musicfest this year. Choristers will once again enjoy the wonderful performing arts centre at Iona College and this year both choirs will be performing on the one day. The entry fee at the door is $10 adults, $5 concession and kids free or $20 a family.

Cantori choristers are to arrive at the venue at 9:30am for a 10:30 performance. Family and friends are welcome to go straight into the venue as the first choir sings at 9:30am and you can enjoy listening to the schools before our performance. Feel free to arrive in time to see the first choir kick off the morning. We will be finished singing by 10:45 and the presentation for our section will begin at about 11:15am. The whole shebang for the Junior Choir will be finished by 11:30am.
La Bella Voci choristers need to be at the venue by 12:00pm to sing at 1pm. The first choir in our section sings at 12:30 so family and friends can listen to our immediate competition. Presentations for our section start straight after our performance and we should be finished by 1:30pm.

Looking forward to it all!

LIBRARY NEWS
Ann Cross

BOOK FAIR COMING

When: Week Three Thursday 24th, Monday 28th, Tuesday 29th October 8:00 – 8:45 and 3:15 – 4:00 Friday 25th October 8:00 – 8:45 and 3:15 – 6:00

Where: Room 15 (Old Music Room opposite tennis courts)

Details regarding payment for Book Fair Items will be made available in next week’s newsletter.

AFTER SCHOOL CARE
Contact Details: Leanne Ross, Director, 3278 1658

Upfront term and fortnightly statements for this week have been emailed. This Friday 11 October Fortnightly (B) accounts will be charged. Upfront term fees will also be charged this Friday.

The re-enrolment process for 2014 will begin this week. Re-enrolment packages are available from the Sherwood OHSC office or online at www.sherwoodoshc.com.au. Current families will be given until Friday 1st November to return their forms to the OHSC office. All new and prep families will be able to enrol from Monday 4th November.

Please note there will be a fee increase at the beginning of 2014, the changes are outlined in the re-enrolment package. We will also be introducing a phone charge if you do not call to inform that your child will be absent for after school care.

There will be an online survey asking feedback from the recent vacation care. An email will be sent out with the link and further details.

UNIFORM SHOP NEWS
Juanita Bennett, Uniform Shop Convenor
OPEN Tuesday & Thursday 8.15-9.15am – Wednesday 2.45-3.45pm
Email: sssuniformshop@gmail.com

A reminder that if you have a prep student starting next year, or you know of one starting, that it is advised to make an appointment time for uniform fittings and purchase. Selling days are Tuesday, Wednesday and Thursday 12, 13 and 14 November. Please contact me to make an appointment as soon as possible, as some of the days are filling up already.

With swimming starting this term, a reminder that I will be selling swimming caps and bags.

Finally, any donation of school uniforms is much appreciated especially smaller sizes in the lead up to prep selling days.

TUCKSHOP NEWS
Wednesday, Thursday & Friday (Closed Monday & Tuesday)
Cathie Perkins, 3379 3881

Welcome back to term four. Thanks to the new baking volunteers, we look forward to trying your muffins. Our new summer menu starts this week, please note the changes, summer salads are available and some of the hot food has been removed. There is no hot food for second break and senior students going to sport cannot order second break on Fridays. All the old favourites are still there and there are no price increases.

Abandoned last term at tuckshop was a small robotic man. Could the owner please claim him from the tuckshop. Thanks.
SANDWICHES, ROLLS & WRAPS

All extra add milk (peanut, cheese etc)

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sandwiches or wraps</td>
<td>2.00</td>
</tr>
<tr>
<td>Toasted rolls</td>
<td>2.00</td>
</tr>
<tr>
<td>Egg &amp; Letuce</td>
<td>2.00</td>
</tr>
<tr>
<td>Cheese &amp; Ham</td>
<td>2.00</td>
</tr>
<tr>
<td>Ham, Cheese &amp; Tomato</td>
<td>3.50</td>
</tr>
<tr>
<td>Ham, Avocado &amp; Tomato</td>
<td>3.50</td>
</tr>
<tr>
<td>Chicken</td>
<td>2.00</td>
</tr>
<tr>
<td>Tuna &amp; Lettuce</td>
<td>2.00</td>
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</tbody>
</table>

SALADS (with dressing if requested)

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Garden Salad</td>
<td>3.50</td>
</tr>
<tr>
<td>Garden Salad with cheese or egg</td>
<td>3.50</td>
</tr>
<tr>
<td>Garden Salad with chicken, tuna or ham</td>
<td>4.50</td>
</tr>
</tbody>
</table>

WEDNESDAY ONLY

**TUNA & LETTUCE WRAP OR SWEET CHILLI CHICKEN & AVOCADO**
$2.40 per roll

**RED DOT**
Freshly made in the tuckshop & served with icy sauce

THURSDAY ONLY

**TERRIYAKI CHICKEN SUSHI**
$2.40 per roll

**RED DOT**
Freshly made in the tuckshop & served with icy sauce

HOW TO ORDER AT TUCKSHOP

Please provide a separate order for each break

SHERWOOD STATE SCHOOL
SUMMER TUCKSHOP MENU
COMING SOON 9 October 2013

Please use separate bag except for red dot items

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Water (600ml)</td>
<td>1.00</td>
</tr>
<tr>
<td>Cup of Plant Milk</td>
<td>1.00</td>
</tr>
<tr>
<td>Extra Juice Pop Apple</td>
<td>1.25</td>
</tr>
<tr>
<td>Chocolate Milk</td>
<td>1.75</td>
</tr>
<tr>
<td>Flavoured Milk</td>
<td>2.00</td>
</tr>
<tr>
<td>Mango jelly roll</td>
<td>2.50</td>
</tr>
<tr>
<td>Mango or strawberry smoothie</td>
<td>2.50</td>
</tr>
</tbody>
</table>

SMOKE... Available both breaks

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hard Boiled Egg</td>
<td>0.75</td>
</tr>
<tr>
<td>Mouse Snacks (cookies &amp; cheese)</td>
<td>1.50</td>
</tr>
<tr>
<td>Homemade Surprises</td>
<td>1.50</td>
</tr>
</tbody>
</table>

FRESH FRUIT

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bag O' Fruit Surprise</td>
<td>1.00</td>
</tr>
<tr>
<td>Pineapple</td>
<td>0.40</td>
</tr>
<tr>
<td>Orange Segments</td>
<td>0.10</td>
</tr>
<tr>
<td>Mixed Berry, Strawberry or Mango yoghurt cup</td>
<td>1.50</td>
</tr>
<tr>
<td>Orange fruit surprise rose cup</td>
<td>1.50</td>
</tr>
</tbody>
</table>

SHEERL TO ORDER

WE ARE OPEN
WEDNESDAY, THURSDAY & FRIDAY
(CLOSED Monday & Tuesday)

<table>
<thead>
<tr>
<th>Time</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>10am - 1:15pm</td>
<td>First Break</td>
</tr>
<tr>
<td>1:15pm - 2:30pm</td>
<td>Second Break</td>
</tr>
</tbody>
</table>

Please place your order at the tuckshop in the box marked "Tuckshop Orders" before school. Orders must be received by 9:30am.

HINTS

Please do not staple bags or use sticky tape. Folding the bag in quarters will keep the money safely inside.

If money enclosed is for more than one child please put all bags together - a rubber band or paper clip will keep them together – do not put any bags without money in box.

Children place all orders in the red "tuckshop orders" box on the tuckshop counter.

Before shutter is open please use the Early Bird Box attached to the front of the tuckshop.

Susie Smith
7M
1st Break

1 salad sandwich 2.00
1 Choc Milkshake 2.50
1 fruit bag 1.20
Total 5.70
Enclosed 6.00
Change .30

**RED DOT** is used as a message to return to the tuckshop. THE WHOLE EMPTY BAG is to be returned to the tuckshop where it is exchanged for the item required. We may also use the dot system if we cannot supply an item and a substitute or refund is required. The red dot system is also used for CHANGE OVER $2. Please explain to your child this means bring the bag to the tuckshop.
SHERWOOD STATE SCHOOL DISCO

The disco was a huge success this year. Thank you to all the parents, teachers and students who helped out on the night of the disco. A special thank you for all the cupcake donations and offers of help on the night from the parents – it was greatly appreciated. The student council were wonderful to work with and very helpful in setting up and cleaning up on the night. Thank you also to the teachers who attended – the students always love to see your support at the disco. I am always amazed at the incredible outfits each year and this would not be possible without the support of very committed parents – thank you parents. A special thank you goes to Mr Brown who is very busy behind the scenes with setting up the disco and cleaning up. He does all of this always with a smile and nothing is too much trouble. Thank you also to Toni Bobbermein and Rowdy Rascals who donated many of the glow products which were a huge hit. The disco raised over $3000 this year – our best ever. 10% of profits go towards a charity of the student councils choice and the other money goes towards school related projects.

SHERWOOD SHARKS

SEASON START
This week the 2013 and 2014 swim season commenced. We had an excellent turn out yesterday with the pool buzzing with enthusiastic swimmers and parents proudly watching on. Most people are happy with their class allocations. Throughout the week our coaches will be monitoring the ability of all swimmers and ensuring they are in the appropriate level.

VACANCIES
There are no positions available in Hammerheads or Nemos and the last two positions in Squirts are yet to be confirmed. Mini squad still have lots of vacancies in all days, both mornings and afternoons except for Tuesdays which is our our most popular day. Intermediate squad is our most popular with Wednesday mornings and afternoons very busy. If your swimmer wants more lane space, then Mondays are best. Senior Squads still have lots of vacancies.

BREAKFASTS
Our amazing canteen convenor, Asta has put up her hand to supply breakfasts on Tuesday, Wednesday and Friday mornings. For a small cost Asta will provide a variety of cereals, fruit and toasties to rebuild your swimmers energy for a great day at school.

HELPING YOUR CLUB
We all love the amazing social atmosphere of Friday night club nights with beautiful cheap dinners and the fun of cheering for our own children. However, the role of BBQ chef and canteen assistant tend to fall to the same handful of people. If you appreciate swim club then help maintain it by stepping up and giving a couple of evenings of your time throughout the season and help out in the canteen, on the BBQ or time keeping, PLEASE!

FEES
All fees were due at time of booking but if you have not quite got around to paying please do so as soon as possible by going to www.sherwoodsharks.com and complete your payment form.

NEED REMINDERS
A number of parents have lamented the fact they missed sign on or the working bee. Our amazing webmaster, Andrew set up automatic email reminders. Please register on the website.

WEBPAGE
If you are unsure of training times, all details are available at www.sherwoodsharks.com

COMMUNITY NOTICES
(For detailed information see the noticeboard at the office)

FREE SOCCER SESSION ON WEDNESDAY
Your child is invited to experience the thrill of Wednesdays After School Soccer at our free taster session. No need to pre-register, just come down after school and play. Meet the coaches at 3pm Wednesday (16th October) on the oval. Parents can stay and watch together, pick up at 4.15pm or we can supervise players back to OSHC.
Cost: FREE
When: Wednesday 16th October (Week 2)
Time: 3.00-4.15pm
Age: 5-8 years
Where: On the Oval
Coaches: Play Beautiful Football Academy (orange shirts)
Please find the details below for our next meeting:

**Date:** Thursday October 17th  
**Time:** 7pm - 9pm  
**Venue:** St Matthew’s Church Hall - cnr. Oxley & Sherwood Rds. Sherwood  
**Speaker:** Carol Barnes  
**Topic:** “Gifted - with something else going on”  
**Cost:** Gold coin appreciated

**About the Speaker:**
Carol Barnes is the national coordinator of GLD Australia, a not-for-profit online learning community and support group for parents and teachers of gifted children with learning disability (GLD). She is also Vice-President of the Queensland gifted association’s Gold Coast Branch and convenor of that Branch’s parent support group. She is an invited sessional lecturer on GLD at Griffith University, and has provided training on GLD for Education Queensland’s gifted education mentors, for Mensa Australia, for SPELD Qld and SPELD NSW, and for a variety of government and independent primary and secondary schools in NSW and Queensland. She has presented on various aspects of gifted and GLD at 24 international and Australian gifted education and learning disabilities conferences. All Carol’s work in the GLD field is done as a non-paid volunteer. Carol is also a lawyer but, most importantly, the mother of two gifted university students, each with multiple learning disabilities.
What is GLD Australia?

GLD Australia is a national non-profit online learning community and support group responding to the needs of gifted children and gifted adults with special learning disability and other learning challenges (GLD) through the sharing of information, research and personal experiences. GLD Australia members seek to provide support for GLD children and for those who care for, teach and advocate for them.

Formed in June 2012, GLD Australia is an independent community with a member-owned and member-operated closed and non-affiliated Yahoo group list. It is affiliated with the Australian Association for the Education of the Gifted and Talented (AAGT) at https://www.aagt.edu.au, which is the Australian national umbrella association for State gifted associations. GLD Australia has no political or commercial affiliations.

Who joins GLD Australia?

Members of GLD Australia include parents, educators and other professionals dedicated to promoting awareness and understanding of the challenges faced by GLD people and related issues, thereby assisting them to benefit from specialised identification and intervention or treatment as possible. Members participate in the community as individuals and support one another without commercial interest.

Participants in GLD Australia represent a very diverse group – from those whose child or student has been formally identified as gifted and/or having a learning disability or related issue, to those who simply have a ‘feeling’ that the child is not achieving academically as well as they could or should. Included also are gifted adults who may have achieved extraordinary things in their lives, yet may have always suspected that there was “something” holding them back – perhaps in the areas of reading or writing or spelling or math or concentration or emotional regulation.

You may have seen such individuals referred to internationally as “2e” (twice-exceptional) or “DNE” (dual or multiple exceptionality).

Why was GLD Australia formed?

Parents and teachers sometimes assume that all clever children, having supposedly won the genetic lottery, will invariably enjoy school, learn effortlessly, and succeed academically. Sadly this is not always the case. Some gifted children are every day slowly struggling with an unidentified learning disability or other learning challenge.

Children need not be actually failing at school to be suffering from a learning disability – many are not identified until late primary or early high school. A surprising number of gifted children experience chronic underachievement due to learning disability – and this often higher the IQ, the later an accurate diagnosis is made. By then for some gifted, it may already be too late.

How do I join GLD Australia?

Joining GLD Australia is free.

Simply send an email to: gld.australia@yahoo.com.au

You will be sent an invitation to join. Follow the steps in the invitation and your name will be added automatically.

As a GLD Australia Yahoo group member, you can either read others’ messages or post your own messages (or both). Members’ names will never appear on the forum unless they post a message.

Although there is no fee to join, GLD Australia requests that its members also become and remain financial members of a gifted association or learning disabilities association, as they wish. This is run on an honour system, but we’re confident that most GLD Australia members will comply with this request and will join whatever existing association they feel best suits their own needs.

Gifted and learning disabilities associations represent, support and advocate for the many thousands of gifted people and people with learning disability throughout Australia. Many of those vulnerable learners have chronic literacy problems and some are functionally illiterate. The implications are enormous – for academic and employment success, mental health, self-efficacy, community involvement and socio-economic status.

GLD children are sometimes identified first as being ‘lazy’ or ‘unmotivated’. Some are first noticed because they present with ‘behaviour problems’. Gifted and learning disabilities associations support such learners by promoting best-practice teaching, evidence-based intervention, quality teacher training and ongoing academic research within the areas of giftedness, learning disability and other learning challenges.

These associations need our support.

GLD Australia members need not join a gifted or learning disabilities association in their own State, and are of course free to choose whatever one most appeals to them. Other than the AAGT, GLD Australia has no special relationship with any gifted association or with any learning disabilities association, but GLD Australia can refer you to such an association which you may wish to join and support. Send an email to: gld.australia@yahoo.com.au
Every Day with ADHD and Challenging Behaviours
The light at the end of the tunnel

2 hour General Workshop
The presentation is designed to offer understanding and management keys to parents who want to understand and better manage ADHD/learning difficulties and difficult behaviour

Decrease angry and aggressive behaviour;
Reduce stress and anxiety;
Provide tools for the child's future;
Recognise and encourage positive qualities.

Every Day with ADHD
Providing answers to the hard questions
• Understanding the unique perception of those with ADHD and related disorders
• Step by step tools and resources required to meet daily issues
• Practices that are transferable to all children
• A behaviour management program based on strengths and abilities

All parents are invited to this workshop presented by
Jenny Tebbutt

Venue: Corinda State School
Date: Wednesday 23 October
Time: 7pm - 9pm Cost $44.00

Email – Registration details to jenny@everydaywithadhd.com.au

Resources and Sales are available via the website www.everydaywithadhd.com.au
Taringa Rovers S.F.C. 2013 Girls Weekly Clinic

Taringa Rovers is pleased to announce the details of a Girls only Coaching Clinic. This is a weekly clinic open to all junior female players (Taringa & non Taringa players).

It is open for all female players from U10 thru to U18 in 2013. It will be run by the Taringa Rovers senior women’s coaches and players from the Diamond & Sapphire teams.

When: Every Wednesday evening/night for 8 weeks

First session: 16 October 2013
Last session: 4 December 2013

Times: either i - 4pm to 5.30pm or
       ii - 6pm to 7:30pm

Where: Taringa Rovers SFC – Jack Speare Park,

Cost: $40 per player

Contact: Rob Kirby
        Ph: 0412 133 459
        e-mail: grounds@taringarovers.com.au

To register for the clinics please go to the link below and register.
http://www.trybooking.com/DNC6G

Please supply the following Player Registration details -
* Players Given Name and Surname
* Date of Birth
* Parents contact details
* Mobile Phone and email address.
* Any medical conditions
* Which session you wish to attend (4pm or 6pm)
CELEBRATE
“DYSLEXIC AWARENESS WEEK”
13 – 20 October

NEW FARM PARK (near playground)
10am Sunday 13th October

BRING: a plate of food to share
scooters or skates

A chance for your children to meet others in
“THE D CLUB” – the name our smart kids now use to describe their
new friends with dyslexia
Dyslexia is a learning difficulty that affects a child's ability to develop a strong understanding of language.

The child that seems bright and capable yet struggles with reading, writing, and spelling.

Children have difficulty hearing the sounds in words and converting from sound to symbol and symbol to sound.

Dyslexia may affect one out of five children in each class (10-20%).

The brain of a person with dyslexia works SIX times harder when reading.
Definition

Dyslexia

Dyslexia is a neurologically based, specific learning disability which affects the acquisition and processing of language. A learner with dyslexia may have difficulties in receptive and expressive, or encoding and decoding, language. This includes phonological processing in reading, writing, spelling, handwriting and occasionally in arithmetic.

Impact on training and assessment

The impact that dyslexia has on a learner’s educational experience depends on several factors. Some learners may have mild impairment with minimal effect on their access to, participation in, and outcomes from education. Others may have severe impairment and experience more significant challenges. Each learner is different and any particular difficulty will vary in severity.

Learners with dyslexia may have difficulty with:

- spelling - reversals, repetitions, additions, omissions and substitutions of letters, numbers and/or words, phonetic spelling
- comprehension – reads and rereads information without effectively processing content
- punctuation
- directional confusion – ascertaining the difference between right and left and navigating maps (e.g. campus map)
- planning, organisational skills and management of time
- memory
- summarising written and verbal content
- fine / gross motor skills – handwriting, completing practical tasks
- self-esteem, anxiety.

Queensland the Smart State
You Can Do It
Tired of aerobic classes
Weights not for you
Not interested in the Gym
Try Traditional Karate

It's for Everyone
It doesn't matter if you are fit or unfit, young or old, male or female. You will benefit from Karate through

1. Meet new friends
2. Improve your fitness - karate is a great work out, with moves that mean something.
3. Improve your self-confidence - there is nothing more satisfying than reaching a worthwhile goal.
4. Relieves stress

Annual TSKFA Membership (Inc Insurance)

<table>
<thead>
<tr>
<th>Category</th>
<th>Price</th>
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<tr>
<td>Seniors</td>
<td>$120</td>
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<tr>
<td>Juniors</td>
<td>$90</td>
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<tr>
<td>1st time Junior</td>
<td>$75</td>
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Training Costs per night

<table>
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<tr>
<th>Category</th>
<th>Price</th>
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<tbody>
<tr>
<td>Juniors</td>
<td>$8</td>
</tr>
<tr>
<td>Seniors</td>
<td>$8</td>
</tr>
</tbody>
</table>

Dojo Kun
Seek perfection of character
Innertiy
Be Faithful
(Loalty)
Endeavour
(Effort)
Respect Others
(Etiquette)
Refrain from Violent
Behaviour
(Control)

Traditional Shotokan Karate
Federation Australia

Sherwood Dojo
Cnr Sherwood & Oxley Rd
SHERWOOD
Ph: Steve Andrews 0417 907 012
www.tskfa.com.au

About TSKFA Sherwood
At TSKF Sherwood, we combine the study of traditional karate with an emphasis on fun, friendship and safety.

We recognize that we all start somewhere and our teachers (Sensei) and black belts (Shihan) take the time to help you get started.

We also promote strong moral principles, traditional etiquette and the encouragement of goodwill and harmony among all karateka (students).

Interested in Training?
Join us at the Sherwood Dojo

Sherwood State School
Cnr Sherwood & Oxley Rds

Training Times
Our classes are held every Monday and Thursday night.
Beginners 6:30pm - 7:30pm
Advanced 6:30pm - 8:30pm

Feel free to come along and check out our club

Sensei Steve (8th Dan)
0417 907 012
ALSO AVAILABLE AT SHERWOOD SCHOOL

Listed below are a number of extra curricula activities available to our school community both before and after school. Please contact directly.

After School Care - Telephone 3278 1658 (Old Hall)

Art Classes for Children & Adults (Room 68 – Prep Building)
- Mon/Wed/Thu 3.15pm-4.15pm
- Telephone Kim Woolley 3379 6585

Beginner Guitar Lessons – (Music Rooms)
- Mon/Wed/Thu 3-5pm
- Telephone Audrey on 0432 574 155

Ceramics Sculpting 3D Design (Room 15)
- Wednesday 3.00-3.45pm
- Telephone Hugo Vesara on 3715 6069 or Mobile 0401 911 475

DDJ Performing Arts – (Room 15)
- Tues/Wed/Thu 3.15-4.30pm
- Telephone Katrina 1300 335 335

Fitness & Dance (FAD)
- Cheerleading & Dance (New Hall)
- Wed 3.30-7pm
- Telephone Belinda 32736367

Futsal Jnr Academy – (New Hall)
- Days to be advised
- Telephone Felipe Amorim on 0410 301 981

Go Sports
- Saturdays 9-1pm
- Telephone Joung 0431 177706

Latin X
- Latin Dancing (Old Hall)
- Tuesdays 7pm - 9pm
- Telephone Veronika Smith 0417 002 925

Personal Training - Spectrum PT (Oval & Under New Hall)
- Mon & Thu 6.30-7.30pm, Sat 7.30-8.30am & 9-10am
- Telephone Karen 0406 406 242

Play Beautiful Football Academy (Oval)
- Wed 3.15-4.15pm
- Telephone Sam 0425 908 308

RHEE TaeKwon-Do (Old Hall)
- Wednesdays and Fridays 6.30pm-7.30pm
- Telephone Michelle Martin 0400 826 488 or Rhee TaeKwon Do HQ on 1300 132 779.

Speech Pathology - Helping Speech, Language and Literacy difficulties
- Visiting before and during school Wed and Thu
- Telephone Keira Middleton 0425 860 310

Traditional Shotokan Karate (Old Hall)
- Monday and Thursday 6.30 – 8.30pm
- Telephone Sensei Steve 0417007012 www.tskfa.com.au or email sandrews@tskfa.com.au

Tennis Court Hire
- Contact Caitlin Simonson Ph: 3379 9559 or 0417 544 423
Violin Tuition (Music Room)
Tue/Wed 3pm & Thu 7.15am
Telephone Liz Young 0417 922 508