No. 01  30 January 2014

FORTHCOMING EVENTS

JAN

Tue 28  Commencement of Term 1

FEB

Fri 7   Parent Tuckshop Information Morning Tea (9.00am)
Fri 14  District Swimming Carnival

Term 1: Tue 28 Jan to Fri 4 Apr
Term 2: Tue 22 Apr to Fri 27 Jun
Term 3: Mon 14 Jul to Fri 19 Sep
Term 4: Tue 7 Oct to Fri 12 Dec

2014 SCHOOL TERMS

E-NEWSLETTER - To receive our Newsletter via email type the link below in the address bar of your browser.

PRINCIPAL’S MESSAGE

Greg Nelson
Email:  gnels5@eq.edu.au

Welcome to our Sherwood State School community for 2014. It is a pleasure to catch up with our students and welcome them back to a great school year. I enjoy meeting our new parents so please take the opportunity to say hello, and make sure you become an active parent in our home/school partnership. Most morning and afternoons you will see me about the school grounds and I’m very keen to talk with you.

We have enrolled about 590 students in 2014. This is an ideal size for our school, maintaining a range of important staffing resources. I am also delighted that we have no staff changes, allowing us to build on the strength of our professional development agenda from 2013. Last year we worked hard to strengthen reading, introducing the 12 micro-skills for comprehension (see our web-site for details) and coaching our teachers in some important classroom strategies for teaching reading including Guided Reading. We also introduced a rigorous diagnostic tool for comprehension – this allows teachers to better understand what comprehension skills students are using well and where they need to improve. These approaches will be consolidated this year and our attention shifts to other important areas.
In 2014 our over-arching school priorities continue to be Intellectual Rigour and Differentiation. I listened with great interest to a researcher recently who has found the common denominator for the highest performing education systems internationally is intellectual rigour – stretching students to the limits of their capacity in an environment of high quality teaching and learning. New initiatives this year include:

- A focus on maths, and in particular the importance of children knowing their number facts, a common set of strategies for problem solving and building consistency in our use of Mathletics. The P&C is providing significant funds to update and extend our maths resources this year.
- Reviewing the teaching of writing - on one of the Pupil Free Days we hosted a full day workshop for 7 Steps to Writing – a highly regarded set of strategies to lift children’s interest and understanding to strengthen writing. Student bookwork and more consistent processes for goal setting are also on the agenda.

In the area of behaviour management we have introduced a school wide set of daily lessons. Ms Alexander has been terrific in preparing these daily lessons for all classes across the school for the year ahead. The theme for this week is ‘Setting a Goal’ and next week teachers will focus student attention on ‘Effective Listening’:

1. Look at the person who is talking
2. Sit quietly
3. Think about what is being said
4. Say yes or nod your head
5. Ask a question about the topic to find out more.

You can reinforce these lessons from home and they will become foundations for ensuring “The Sherwood Best” is more than aspirational for our students. The Minister has also extended provisions for greater discipline in State schools and these are outlined in the link below.

At Sherwood State School, we have number of children who are Anaphylactic. This means that they have a life threatening allergy, often to nuts. Some of these children are highly sensitive and just breathing in or touching an allergen, such as peanuts, can cause a reaction. While we cannot ban students from bringing any peanut butter or other ‘nut’ related products to school, we ask that you assist us in caring for the well-being of these students. Please assist by choosing lunch items for your child that are not nut products, including peanut butter. If you are bringing along something for birthday celebrations, ice-blocks or fruit could be an alternative.

SPORTS NEWS

Kathy Morgan

SCHOOL SWIMMING

Class swimming will begin next week for Years 1-7. All children are to bring their togs, bathing cap and sunshirt in a swimming bag (all labelled). If a child is unable to swim due to illness they must bring a note.

DISTRICT CRICKET TRIALS

Students born 2002 or 2003 who are exceptional cricket players, please note that cricket trials are being held at BBC cricket nets on February 3 and 10. Please see Ms Morgan for more details and paperwork.

DISTRICT SWIMMING TRIALS

Children who wish to try out for or nominate for the school swimming team to compete at the District Carnival on 14 February, please return your paperwork to Ms Morgan by Friday.
LOTE NEWS
Lillian Sheu, LOTE Teacher

Happy Chinese New Year of the Horse. The new year day falls on Saturday, 31 January 2014 this year.

The spirit of the horse is recognized to be the Chinese people’s ethos – making unremitting efforts to improve themselves. It is energetic, bright, warm-hearted, intelligent and able. Ancient people liked to designate an able person as ‘Qianli Ma’, a horse that covers a thousand li a day (one li equals 500 meters).

Wish everyone in our community a very prosperous year of the horse.

AFTER SCHOOL CARE
Contact Details: Dave Smithson, Director, 3278 1658

Leanne’s last day will be on Friday 31 January. We wish her the best of luck as she goes off to Melbourne to study. Thanks Leanne for your hard work – You will be missed.

Sherwood OSHC has reached capacity on a number of days in Before School Care and places in After School Care a quickly filling. Parents please be aware that opportunities for casual places will be very limited.

Fortnightly statements for this week have been emailed. This Friday 31 January Fortnightly (B) accounts will be charged. Enrolment packages and forms are available from the Sherwood OHSC office or online at www.sherwoodoshc.com.au.

UNIFORM SHOP NEWS
Asta Parker, Uniform Shop Convener
OPEN: Monday 8am-9am; Wednesday 2.45pm-3.45pm; Friday 2.45pm-3.45pm
Email: sssuniformshop@gmail.com

TUCKSHOP NEWS
Wednesday, Thursday & Friday (Closed Monday & Tuesday)
Cathie Perkins, 3379 3881

Welcome back after the holidays. Tuckshop will re-open Wednesday 12th February. Menu's will be available from the school website. Online ordering will be available via the munchylunch.com.au website. Online ordering is compulsory for all prep students.

We are desperately short of volunteers this year, especially on Fridays. We actually will be unable to open on Fridays if we don’t get some new volunteers. Tuckshop is a fun way to help out at school and your children really love having you there. A commitment to our roster requires only 9 days a year so it is not a lot of time. It is a great way to meet new parents and learn about the school. Please fill in the volunteer form and drop to the tuckshop if you can help. Please download a copy from the website under “Forms and Documents”.

New parent tuckshop information morning tea, Friday 7th February at 9.00am. This is for all new parents to the school, (or existing one that would like to know more). This is an opportunity to have an inside peek into the tuckshop and ask any questions you might have when I have time to spare. You will also be able to view most of our food items so you have a better understanding of what you are ordering. Please come and say hello.

SHERWOOD SS TENNIS COACHING 2014
Jim Joyce

School Coaching will commence from Wednesday 5th February (during the second week back after the school holidays). Enrolments close on Monday 3rd February 2014. Spare enrolment forms are available from the School Office or you can download it from the website. To assist us in organising the School Coaching Program could you please submit the forms by the closing date. Special Offer - All new students in Grades 1 and 2 will receive a free tennis racket when joining for the first time.

For further enquiries please contact Jim Joyce on 0417 771022.
SHERWOOD SHARKS

Welcome back

All swimming squads and lessons start back from next Monday, 3rd of February 2014. Our coaches, Ben, Andrew and Pauline will be on deck.

The Sharks' have a new post on the website; ‘Swim Club sign on, working bee and start dates’

Now that school's returned, here are a few dates to note for the start of the swimming season:

Squad sign on day (mini; intermediate; senior; adult): Thursday 30 January 3.15 at the pool. Places available in all squad groups. Alternatively use the forms available on our website and e-mail them in to our squad co-ordinator (Vanessa) or return them to us through the school office. Email contact: payments@sherwoodsharks.com

Other swimming groups (Hammerheads; Nemos; Squirts): most pre-squad and learn to swim groups are now full. Contact our squad co-ordinator (Vanessa) by e-mail to discuss availability of places or to put your family on a waiting list: squads@sherwoodsharks.com

Working Bee: this Sunday morning 2 February at 9.15 am. Help the Sharks get the pool and amenities block in shape for first term swimming. Pool is used both for school swimming and club swimming. Bring your brooms, buckets, gloves and gardening gear.

Start dates for all lessons and swim training: Monday 3 February

Start date for Friday night club nights: Friday 7 February

Car parking
Please be aware if you use the pool carpark that small children will be walking through the carpark. Please drive careful.

SCHOOL BANKING

Anyone who is interested in opening up a Dollarmites School Banking account for their child/children, Juleane from the Commonwealth Bank will be at the school on Wednesday, 12 February at 8.00am and again in the afternoon at 2.00pm, on the same day, to assist you in opening a new account.

COMMUNITY NOTICES
(For detailed information see the noticeboard at the office)

GREATER BRISBANE JUNIOR TENNIS (GBJT) conducts weekly Tennis Fixtures at the Queensland Tennis Centre, Tennyson and The University of Queensland for children up to 18 years of age. Grading day for new players is to be held on Sunday 9 February at the Queensland Tennis Centre, Tennyson from 3pm to 5pm. Further information is available at www.gbjt.org.au or by phoning Mrs Peta Davis on 3374 0516

LEARN THE FLUTE! Learn to play the flute with a beautiful tone with a local qualified Flute Teacher. Improve your performance in the school band, learn to play from memory and enjoy group lessons with the Suzuki Method, or prepare for AMEB exams in an encouraging Flute Studio. Visit www.brisbaneflutelessons.com.au for more information, and phone Helen McKee to arrange an interview or lessons on 0423 143 189.

OXLEY UNITED FOOTBALL CLUB are holding their sign on weekend for juniors wishing to play soccer in Season 2014 at our clubhouse at Dunlop Park (behind Corinda Pool on Oxley Road), entry via Hughes Lane) on Saturday 1st and Sunday 2nd February from 9am – 12pm. Please see our website www.oxleyutdfc.org.au for online registration details and fees. Sign on will be for all juniors from 5 years up to Under 18 (if your child turns 5 during 2014 they are eligible to play this year). If you would like further information, please email oxleyunited@hotmail.com or phone 0407 149 793.

WANT TO PLAY CLUB NETBALL? Raiders Netball Club, playing in the Western Districts competition at Graceville, is looking for new players. Ages 6 (turning 7) and up. Fixtures are on a Saturday from April to September, training on a Wednesday night. Great coaches, wonderful friendly club, successful track record of developing our players. Go to www.raidersnetball.com for more info and to register. Act fast! Deadline of 10th February to enable us to finalise teams.
SHERWOOD MEALS ON WHEELS are seeking delivery volunteers. Need to be available once a month to do a run between 9-10:30. Can work on own or with friends. If interested please contact Donna on 3379 7715.

FREE AFTER SCHOOL SOCCER NEXT WEDNESDAY AT SHERWOOD!

Your child is invited to experience the thrill of After School Soccer at our free taster session.
No need to pre-register, just come down after school and play.
Parents can stay and watch together, pick up at 4.15pm or we can supervise players back to OSHC.

Cost: FREE! (Usually $19 per session)
When: Wednesday 5th February (Week 2)
Time: 3.00-4.15pm
Age: 5-8 years
Where: School Oval (Meet Preps outside class)
Coaches: Play Beautiful Football Academy (orange shirts)

Confident Kids is a fun, interactive group program for kids aged 5 – 14 years designed to boost confidence, emotional resilience, social skills and brain power. Kids learn simple strategies to reduce worries, anxiety, self-doubt or negative thinking so they can achieve their full potential. The Confident Kids program provides children with self-esteem tools to keep confidence steady and strong throughout their life!

Program includes parent support and workshop. Facilitated by experienced psychologists who are passionate about helping kids be all they can be. Places are limited so hurry. Groups held at our Paddington clinic. Medicare and Private health fund rebates apply.

For more details visit www.confidentkidsandteens.com.au or email info@positivefamilies.com.au for an Information pack, or phone us on 3368 1307.

WE HAVE PLACES AVAILABLE NOW FOR YOUR 3 AND 4 YEAR OLDS!!

Give us a call or pop in and say hello and let us show you what our wonderful Kindy has to offer.
Ph: 3278 1327
www.chelmerstationkindy.com.au
6 Halsbury Street, Chelmer Q, 4068
admin@chelmerstationkindy.com.au
Bluejays Netball Club has its annual Sign On for the 2014 season starting on the Saturday 1st February at Faulkner park, 60 Waratah Ave, Graceville, 2pm – 5pm, All Ages, All levels Welcome. Ph: 0403 600 205 [http://www.bluejays.netball.asn.au](http://www.bluejays.netball.asn.au) or email [bluejaysnetball@hotmail.com](mailto:bluejaysnetball@hotmail.com), Club President. Tony De Glas.

Junior Engineers is coming to Sherwood State School for Term 1, 2014

Our after school courses develop children’s’ mathematical and problem solving skills through software programming.

Students start at an introductory level and progress towards more sophisticated software programming. Give your child a head start and enrol today!

- Students will learn to program in a fun environment
- Small classes of up to 9 students
- Course information provided
- 45 minutes weekly classes
- Registration open for year 3 and above
- Free trial class
- Cost is only $290 per term.

Register today at [www.jnengineers.com](http://www.jnengineers.com) | twitter @jnengineers

Contact: Ron: 0478 472 148, [jnengineers@gmail.com](mailto:jnengineers@gmail.com)
Internet Safety and Cyberbullying Presentations for Schools, Community and Organisations

Schools and parents need to equip children, teenagers and adults with the skills and knowledge to enable them to use the internet safely whilst making them aware of their rights and responsibilities in the cyberworld.

Corinda State School has arranged for INESS, a company which specialises in delivery of these programs to students to deliver presentations to students, staff and parents on Thursday 30th January. They achieve this through the delivery of unique and engaging presentations targeting empowerment, awareness and self-developed from the perspective of an undercover internet detective, these presentations bring the dangers of the internet to life for all audience members. Having spent thousands of hours as a fictitious child on the internet, INESS creator Brett Lee, can create a very powerful and unique credibility with the audience that is essential and unprecedented.

Brett and his team of presenters are able to communicate expert knowledge surrounding a complex problem in an interesting and engaging way at a level accessible and acceptable to students, parents, teachers and members of the community. The message is simple, getting these messages through to our audiences is what INESS excels at.

We will be holding a session for parents and community members in our Library from 7-8pm on 30th January. All are welcome and we simply request a gold coin donation at the door to help offset our costs.

About Brett Lee....

INESS creator, Brett Lee, worked as a Queensland Police Officer for 22 years, 16 of those as a Detective predominantly in the field of Child Exploitation. In his last five years of service, he was a specialist in the field of undercover internet child exploitation investigations.

Brett has been personally involved in the online investigation, arrest and prosecution of numerous offenders, whose medium for preying on children is the internet. Brett has delivered training to members of law enforcement agencies including New South Wales Police, South Australian Police, West Australian Police and Australian Customs. Within his own police service he was involved in the training of plain clothes police through Detective Training and Sexual Crimes courses in Online Child Exploitation investigations.

Further to Brett’s experience, he has completed the FBI Advanced Internet Investigations Course and has worked with the FBI Innocent Images Unit, Maryland USA, the Department of Homeland Security Cyber Crimes Centre, Virginia USA and the San Jose Internet Crimes Against Children Task Force, California USA. He has also attended and spoken at conferences around Australia and the world.

In 2003, in his role as a Detective, Brett delivered an internet safety presentation to students. It was then that he realised the key to protecting the most vulnerable people in our society, our children, from online dangers was education. This realisation fuelled a passion that led to the creation of INESS which in 2009 reached over 100,000 students, teachers and parents with a message of awareness and responsibilities. As a furtherance to Brett’s diverse background he was contracted in Iraq on a US/Iraq project as a Police Instructor training Iraqi nationals at the Iraq National Police Academy located outside the township of An Namieyah. Brett often incorporates stories of his experience there into his presentations.

Brett has received the Queensland Police Commissioner’s Gold Award and the Crime and Misconduct Commissioner’s Award for his role in the development and implementation of software that is now utilised by various Australian Law enforcement agencies to track and identify online child offenders.

Don’t miss the presentation for Parents and Community members...

30th January at 7PM in the Corinda State School Library.

Gold coin donation requested.
Danse de l’amour
Dance Classes

Enrol now for 2014
Phone 0416 639139
Email - dansedelamour@yahoo.com

Classes held Paddington, Graceville & Taringa
✓ Preschoolers
✓ Ballet
✓ Tap
✓ Jazz
✓ Street / Hip Hop
✓ Adult Classes
Adult Line Dancing – Graceville Tuesday’s

Fully-qualified, registered teacher. Professional teaching with a personal touch at an affordable price.

Dance as a great way to develop co-ordination, musical awareness and to build social skills, while having fun and keeping fit. Our focus at Danse de l’amour is to develop competence and confidence in dance. We foster this in a warm and friendly environment with an emphasis on striving for excellence and a love of dance.
Welcome to our support group!

**Venue:** St. Matthew's Church Hall
corner of Oxley & Sherwood Rds. Sherwood

**Group Coordinators:** Jane & Lyndell

**Group contact:** Jane ph: 0448 900 863

On arrival, all members & visitors are requested to please sign-in via the sign-in form. We appreciate your gold-coin donations to help us pay for thank-you gifts for our guest speakers who give of their time for no charge.

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**Meeting Schedule & Guest Speakers for 2014**

### JANUARY 30TH
7.00PM
Coffee night - come along

### FEBRUARY 20TH
7.00PM
Speaker: Angela Stevenson Edc, AVT
Topic: “Q & A - schools & getting the best out of them.”

### MARCH 20TH
7.00PM
Speaker: Dr Heather Way “The DNA OFF - Nutrigenomics.” Mum of ASD sons.
Topic: “Asperger’s, Gena expression & Nutrition.”

### APRIL 24TH
7.00PM
Coffee night - come along

### MAY 22ND
7.00PM
Speaker: Peter Frenney B.Ed, M. Ed.
Irwin Diagnostic Clinic
Topic: “Reading & Learning Problems & Visual Dyslexia.”

### JUNE 19TH
7.00PM
Speaker: Jennifer Bogoch-Lang
Title: “Life Satisfaction of NeuroTypical Women in Intimate relationships with an Asperger Partner.”
An exploratory study.

### JULY 17TH
7.00PM
Coffee night - come along

### AUGUST 21ST
7.00PM
Speaker: Dr. Peta Liddle “Liddle Place Clinical Psychology”
Topic: “Q & A on Aspergers / AS in 2014”

### SEPTEMBER 18TH
7.00PM
Speaker: Kris Barrett - Certified Nutrition & Health coach & Mum of ASD son.
Topic: “What food matters: the link between dietary intervention, behaviour & learning.”

### OCTOBER 16TH
7.00PM
Speaker: Dr Gilbert Boul -
Special Needs Tutor
Topic: “The Tutor & the ASD mind”

### NOVEMBER 30TH
6.30PM
Christmas get together.
Venue TBA

**Resources at Hand**

- Autism & Asperger's Syndrome Books
- targeted to your needs listing books & resources from Australia, UK, USA & Canada

**QAPS**
Qld. Asperger Partner Support Group for NT partners.

**Membership**

To access a broad range of resources and to enable us to continue this support group, we encourage and recommend that you become a FINANCIAL member of Asperger Services Australia.

- The ASA Centre provides:
  - Clinical Psychologist, Occupational Therapist, Speech Pathologist services.
  - Speech & Language Services Programs.
  - Adult Groups 19+
  - Youth Groups 15+
  - Craft Group
  - School holiday LSNG Parties
  - Library books & DVDs available for loan
  - Workshop invitations
  - Newsletters

**Asperger Services Australia:**
Mentorship and all other inquiries

- Head Office: Unit 4, 16 Yarraman Place
- Virginia
- Phone: 3885 3911
- Email: office@asperger.com.au
- Website: www.asperger.com.au
- Fax: 3885 2838

Application Forms for Membership are available from ASA Head Office.

**Annual Membership Fees (incl. GST):**
- Individual (1 person only): $65.00
- Family (over 1 member living under the same roof): $66.00
- Group: $122.00
- Life Membership: $590.00
- Corporate: $242.00

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**Holiday Closure Dates**

Asperger Services Australia

Usually closed over school holidays from

12th December, 2014 - 21st January, 2015

For more details, contact head office on

3885 3911 or email office@asperger.com.au
DO YOU WANT TO GET INVOLVED WITH THE GREATEST SPORTING GAME IN THE WORLD

AUSKICK, JUNIOR & YOUTH (U/8 – U/16’S) SIGN ON DAYS ARE SET FOR 2014 AS FOLLOWS

SATURDAY 8TH FEBRUARY & SUNDAY 9TH FEBRUARY 2014 AT THE CLUB (See address above) FROM 10.00AM-12.00PM.

You could be the next Jonathan Brown or Daniel Rich

Come along get involved in this exciting game & give it a go, we offer your money back if you are not satisfied.

For Further enquiries contact Chris Dennis on 0402 955 461

Auskick will commence on Friday 28th February 2014 & will run from 5.00PM-6.00PM.
Want to play soccer?
Then make 2014 your season with Scorpions Soccer Club!!
We have teams ranging from our Under 6s to
Over 30s for males and females!

!!All skill levels welcome!!

Register for the 2014 season either through:
Online http://qcsascorp.myclubmate.com/mydetails/

Sign On Days Come along to our Sign On Days:
Saturday 1st February - 10am to 1pm
Saturday 8th February - 10am to 1pm

Cnr Massinger St & Ainsworth St, Salisbury

Give our new committee a call on 0408 119 932
or send an email to registrar@scorpions.org.au if you would like more information. You can also visit our club website:
http://www.scorpions.org.au/

Find us on Facebook to keep up with all the latest news and events

"When all is said and done, it's not the shots that won the championship that you remember, but the friendships you made along the way." — Unknown
New Mandarin Class Available at Sherwood State School

Enrol for New Mandarin Class in Term 1, 2014!

<table>
<thead>
<tr>
<th>Time &amp; Day: to be confirmed</th>
<th>Classroom: to be confirmed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cost per hour: $12</td>
<td>Vacancies available: 12</td>
</tr>
</tbody>
</table>

To enrol / enquire
Email iChinesebrisbane@hotmail.com with the child’s
1) name, 2) year level and 3) any previous experience in learning Mandarin, by Friday, February 21, 2014.

Congratulations on completing iChinese Level 1 course!

Our sites
We currently run Mandarin classes at the following schools and kindergarten:
- Brisbane State High School
- Chapel Hill State School
- Sherwood State School
- The Gap State School
- Hilder Road State School
- Goodstart Early Learning Ashgrove

A Small Step Today A Giant Leap Tomorrow
MIXED
Recreational social group!

NEXT MEETING
Thursday 30 January
12.30pm to 2:30pm
Planning Day

A time and place for adult men and women to engage in several activities, while sharing experiences on all different levels. A relaxed open forum.

Weekly activities range from
• Cooking
• Woodwork
• Social Outings
• Arts and crafts
• Guest speakers
• And more!!

38 Thallon Street, Sherwood, 4075
contact number: 3379 6963
Email community@sherwoodnc.org
ALSO AVAILABLE AT SHERWOOD SCHOOL
Listed below are a number of extra curricula activities available to our school community both before and after school. Please contact directly.

**After School Care** - Telephone 3278 1658 (Old Hall)
**Art Classes for Children & Adults** - (Room 68 – Prep Building)
  Mon/Wed/Thu 3.15pm-4.15pm
  Telephone Kim Woolley 3379 6585
**Beginner Guitar Lessons** – (Music Rooms)
  Mon/Wed/Thu 3-5pm
  Telephone Audrey on 0432 574 155
**Ceramics Sculpting 3D Design** – (Room 15)
  Wednesday 3.00-3.45pm
  Telephone Hugo Vesara on 3715 6069 or Mobile 0401 911 475
**DDJ Performing Arts** – Dance/Drama/Music (Music Room)
  Tues/Wed/Thu 3.15-4.30pm
  Telephone Katrina 1300 335 335
**Fitness & Dance (FAD)** – Cheerleading & Dance (New Hall)
  Wed 3.30-7pm
  Telephone Belinda 32736367
**Futsal Jnr Academy** – (New Hall)
  Days to be advised
  Telephone Felipe Amorim on 0410 301 981
**Go Sports** – (Oval) – Soccer & Netball
  Fridays 7.45am to 8.45am
  Telephone Greg Martin on 0417 614 509
**iChinese** – Mandarin Chinese Lessons
  Tue 3.15-4.15 (Rm 15) & Wed 3.15-4.15 (Music Room)
Telephone Belinda or Ruby 0402 367 332
*Jim Joyce Tennis Coaching* (Tennis Courts)
   Before and after school lessons
   Telephone 3375 3644 or Mobile 0417 771 022
*KeyboardKidz* – Contemporary Piano Tuition (Music Room)
   Fridays 3-5pm
   Telephone Malcolm on 3849 5954
*Korean Language School* (Old Hall)
   Saturdays 9-1pm
   Telephone Joung 0431 177706
*Latin X* Latin Dancing (Old Hall)
   Tuesdays 7pm - 9pm
   Telephone Veronika Smith 0417 002 925
*Personal Training - Spectrum PT* (Oval & Under New Hall)
   Mon & Thu 6.30-7.30pm, Sat 7.30-8.30am & 9-10am
   Telephone Karen 0406 406 242
*Play Beautiful Football Academy* (Oval)
   Wed 3.15-4.15pm
   Telephone Sam 0425 908 308
*RHEE TaeKwon-Do* (Old Hall)
   Wednesdays and Fridays 6.30pm-7.30pm
   Telephone Michelle Martin 0400 826 488 or
   Rhee TaeKwon Do HQ on 1300 132 779.
*Speech Pathology*-Helping Speech, Language and Literacy difficulties
   Visiting before and during school Mon and Fri
   Telephone Keirra Middleton 0425 860 310
*Traditional Shotokan Karate* (Old Hall)
   Monday and Thursday 6.30 – 8.30pm
   Telephone Sensei Steve 0417 007 012 [www.tskfa.com.au](http://www.tskfa.com.au) or
   email sandrews@tskfa.com.au
*Tennis Court Hire*
   Contact Caitlin Simonson Ph: 3379 9559 or 0417 544 423
*Violin Tuition* (Music Room)
   Tue/Wed 3pm & Thu 7.15am
   Telephone Liz Young 0417 922 508
No. 01

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Email: gnels5@eq.edu.au

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5. Ask a question about the topic to find out more.

You can reinforce these lessons from home and they will become foundations for ensuring “The Sherwood Best” is more than aspirational for our students. The Minister has also extended provisions for greater discipline in State schools and these are outlined in the link below.


At Sherwood State School, we have number of children who are Anaphylactic. This means that they have a life threatening allergy, often to nuts. Some of these children are highly sensitive and just breathing in or touching an allergen, such as peanuts, can cause a reaction. While we cannot ban students from bringing any peanut butter or other ‘nut’ related products to school, we ask that you assist us in caring for the well-being of these students. Please assist by choosing lunch items for your child that are not nut products, including peanut butter. If you are bringing along something for birthday celebrations, ice-blocks or fruit could be an alternative.

**SPORTS NEWS**

*Kathy Morgan*

**SCHOOL SWIMMING**

Class swimming will begin next week for Years 1-7. All children are to bring their togs, bathing cap and sunshirt in a swimming bag (all labelled). If a child is unable to swim due to illness they must bring a note.

**DISTRICT CRICKET TRIALS**

Students born 2002 or 2003 who are exceptional cricket players, please note that cricket trials are being held at BBC cricket nets on February 3 and 10. Please see Ms Morgan for more details and paperwork.

**DISTRICT SWIMMING TRIALS**

Children who wish to try out for or nominate for the school swimming team to compete at the District Carnival on 14 February, please return your paperwork to Ms Morgan by Friday.
LOTE NEWS
Lillian Sheu, LOTE Teacher

Happy Chinese New Year of the Horse. The new year day falls on Saturday, 31 January 2014 this year.

The spirit of the horse is recognized to be the Chinese people’s ethos – making unremitting efforts to improve themselves. It is energetic, bright, warm-hearted, intelligent and able. Ancient people liked to designate an able person as ‘Qianli Ma’, a horse that covers a thousand li a day (one li equals 500 meters).

Wish everyone in our community a very prosperous year of the horse.

AFTER SCHOOL CARE
Contact Details: Dave Smithson, Director, 3278 1658

Leanne’s last day will be on Friday 31 January. We wish her the best of luck as she goes off to Melbourne to study. Thanks Leanne for your hard work – You will be missed.

Sherwood OSHC has reached capacity on a number of days in Before School Care and places in After School Care are quickly filling. Parents please be aware that opportunities for casual places will be very limited.

Fortnightly statements for this week have been emailed. This Friday 31 January Fortnightly (B) accounts will be charged. Enrolment packages and forms are available from the Sherwood OSHC office or online at www.sherwoodoshc.com.au.

UNIFORM SHOP NEWS
Asta Parker, Uniform Shop Convenor
OPEN: Monday 8am-9am; Wednesday 2.45pm-3.45pm; Friday 2.45pm-3.45pm
Email: sssuniformshop@gmail.com

TUCKSHOP NEWS
Wednesday, Thursday & Friday (Closed Monday & Tuesday)
Cathie Perkins, 3379 3881

Welcome back after the holidays. Tuckshop will re-open Wednesday 12th February. Menu's will be available from the school website. Online ordering will be available via the munchylunch.com.au website. Online ordering is compulsory for all prep students.

We are desperately short of volunteers this year, especially on Fridays. We actually will be unable to open on Fridays if we don’t get some new volunteers. Tuckshop is a fun way to help out at school and your children really love having you there. A commitment to our roster requires only 9 days a year so it is not a lot of time. It is a great way to meet new parents and learn about the school. Please fill in the volunteer form and drop to the tuckshop if you can help. Please download a copy from the website under “Forms and Documents”.

New parent tuckshop information morning tea, Friday 7th February at 9.00am. This is for all new parents to the school, (or existing one that would like to know more). This is an opportunity to have an inside peek into the tuckshop and ask any questions you might have when I have time to spare. You will also be able to view most of our food items so you have a better understanding of what you are ordering. Please come and say hello.

SHERWOOD SS TENNIS COACHING 2014
Jim Joyce

School Coaching will commence from Wednesday 5th February (during the second week back after the school holidays). Enrolments close on Monday 3rd February 2014. Spare enrolment forms are available from the School Office or you can download it from the website. To assist us in organising the School Coaching Program could you please submit the forms by the closing date. Special Offer - All new students in Grades 1 and 2 will receive a free tennis racket when joining for the first time.

For further enquiries please contact Jim Joyce on 0417 771022.
Welcome back

All swimming squads and lessons start back from next Monday, 3rd of February 2014. Our coaches, Ben, Andrew and Pauline will be on deck.

The Sharks’ have a new post on the website; ‘Swim Club sign on, working bee and start dates’

Now that school’s returned, here are a few dates to note for the start of the swimming season:

Squad sign on day (mini; intermediate; senior; adult): Thursday 30 January 3.15 at the pool. Places available in all squad groups. Alternatively use the forms available on our website and e-mail them in to our squad co-ordinator (Vanessa) or return them to us through the school office. Email contact: payments@sherwoodsharks.com

Other swimming groups (Hammerheads; Nemos; Squirts): most pre-squad and learn to swim groups are now full. Contact our squad co-ordinator (Vanessa) by e-mail to discuss availability of places or to put your family on a waiting list: squads@sherwoodsharks.com

Working Bee: this Sunday morning 2 February at 9.15 am. Help the Sharks get the pool and amenities block in shape for first term swimming. Pool is used both for school swimming and club swimming. Bring your brooms, buckets, gloves and gardening gear.

Start dates for all lessons and swim training: Monday 3 February

Start date for Friday night club nights: Friday 7 February

Car parking
Please be aware if you use the pool carpark that small children will be walking through the carpark. Please drive careful.

SCHOOL BANKING

Anyone who is interested in opening up a Dollarmites School Banking account for their child/children, Juleane from the Commonwealth Bank will be at the school on Wednesday, 12 February at 8.00am and again in the afternoon at 2.00pm, on the same day, to assist you in opening a new account.

COMMUNITY NOTICES

(Great detailed information see the noticeboard at the office)

GREATER BRISBANE JUNIOR TENNIS (GBJT) conducts weekly Tennis Fixtures at the Queensland Tennis Centre, Tennyson and The University of Queensland for children up to 18 years of age. Grading day for new players is to be held on Sunday 9 February at the Queensland Tennis Centre, Tennyson from 3pm to 5pm. Further information is available at www.gbjt.org.au or by phoning Mrs Peta Davis on 3374 0516

LEARN THE FLUTE! Learn to play the flute with a beautiful tone with a local qualified Flute Teacher. Improve your performance in the school band, learn to play from memory and enjoy group lessons with the Suzuki Method, or prepare for AMEB exams in an encouraging Flute Studio. Visit www.brisbaneflutelessons.com.au for more information, and phone Helen McKee to arrange an interview or lessons on 0423 143 189.

OXLEY UNITED FOOTBALL CLUB are holding their sign on weekend for juniors wishing to play soccer in Season 2014 at our clubhouse at Dunlop Park (behind Corinda Pool on Oxley Road), entry via Hughes Lane) on Saturday 1st and Sunday 2nd February from 9am – 12pm. Please see our website www.oxleyutdfc.org.au for online registration details and fees. Sign on will be for all juniors from 5 years up to Under 18 (if your child turns 5 during 2014 they are eligible to play this year). If you would like further information, please email oxleyunited@hotmail.com or phone 0407 149 793.

WANT TO PLAY CLUB NETBALL? Raiders Netball Club, playing in the Western Districts competition at Graceville, is looking for new players. Ages 6 (turning 7) and up. Fixtures are on a Saturday from April to September, training on a Wednesday night. Great coaches, wonderful friendly club, successful track record of developing our players. Go to www.raidersnetball.com for more info and to register. Act fast! Deadline of 10th February to enable us to finalise teams.
SHERWOOD MEALS ON WHEELS are seeking delivery volunteers. Need to be available once a month to do a run between 9-10:30. Can work on own or with friends. If interested please contact Donna on 3379 7715

FREE AFTER SCHOOL SOCCER NEXT WEDNESDAY AT SHERWOOD!

Your child is invited to experience the thrill of After School Soccer at our free taster session. No need to pre-register, just come down after school and play. Parents can stay and watch together, pick up at 4.15pm or we can supervise players back to OSHC.

Cost: FREE! (Usually $19 per session)
When: Wednesday 5th February (Week 2)
Time: 3.00-4.15pm
Age: 5-8 years
Where: School Oval (Meet Preps outside class)
Coaches: Play Beautiful Football Academy (orange shirts)

Confident Kids is a fun, interactive group program for kids aged 5 – 14 years designed to boost confidence, emotional resilience, social skills and brain power. Kids learn simple strategies to reduce worries, anxiety, self-doubt or negative thinking so they can achieve their full potential. The Confident Kids program provides children with self-esteem tools to keep confidence steady and strong throughout their life!

Program includes parent support and workshop. Facilitated by experienced psychologists who are passionate about helping kids be all they can be. Places are limited so hurry. Groups held at our Paddington clinic. Medicare and Private health fund rebates apply.

For more details visit www.confidentkidsandteens.com.au or email info@positivefamilies.com.au for an Information pack, or phone us on 3368 1307.
Bluejays Netball Club has its annual Sign On for the 2014 season starting on the Saturday 1st February at Faulkner park, 60 Waratah Ave, Graceville, 2pm – 5pm, All Ages, All levels Welcome. Ph: 0403 600 205 [http://www.bluejays.netball.asn.au](http://www.bluejays.netball.asn.au) or email bluejaysnetball@hotmail.com. Club President. Tony De Glas.

Junior Engineers is coming to Sherwood State School for Term 1, 2014

Our after school courses develop children’s’ mathematical and problem solving skills through software programming.

Students start at an introductory level and progress towards more sophisticated software programming. Give your child a head start and enrol today!

- Students will learn to program in a fun environment
- Small classes of up to 9 students
- Course information provided
- 45 minutes weekly classes
- Registration open for year 3 and above
- Free trial class
- Cost is only $290 per term.

Register today at [www.jnengineers.com](http://www.jnengineers.com) | twitter @jnengineers

Contact: Ron: 0478 472 148, inreengineers@gmail.com
Internet Safety and Cyberbullying Presentations for Schools, Community and Organisations

Schools and parents need to equip children, teenagers and adults with the skills and knowledge to enable them to use the internet safely whilst making them aware of their rights and responsibilities in the cyberworld.

Corinda State School has arranged for INESS, a company which specialises in delivery of these programs to students to deliver presentations to students, staff and parents on Thursday 30th January. They achieve this through the delivery of unique and engaging presentations targeting empowerment, awareness and self-developed from the perspective of an undercover internet detective, these presentations bring the dangers of the internet to life for all audience members. Having spent thousands of hours as a fictitious child on the internet, INESS creator Brett Lee, can create a very powerful and unique credibility with the audience that is essential and unprecedented.

Brett and his team of presenters are able to communicate expert knowledge surrounding a complex problem in an interesting and engaging way at a level accessible and acceptable to students, parents, teachers and members of the community. The message is simple, getting these messages through to our audiences is what INESS excels at.

We will be holding a session for parents and community members in our Library from 7-8pm on 30th January. All are welcome and we simply request a gold coin donation at the door to help offset our costs.

About Brett Lee....

INESS creator, Brett Lee, worked as a Queensland Police Officer for 22 years, 16 of those as a Detective predominantly in the field of Child Exploitation. In his last five years of service, he was a specialist in the field of undercover internet child exploitation investigations.

Brett has been personally involved in the online investigation, arrest and prosecution of numerous offenders, whose medium for preying on children is the internet. Brett has delivered training to members of law enforcement agencies including New South Wales Police, South Australian Police, West Australian Police and Australian Customs. Within his own police service he was involved in the training of plain clothes police through Detective Training and Sexual Crimes courses in Online Child Exploitation investigations.

Further to Brett’s experience, he has completed the FBI Advanced Internet Investigations Course and has worked with the FBI Innocent Images Unit, Maryland USA, the Department of Homeland Security Cyber Crimes Centre, Virginia USA and the San Jose Internet Crimes Against Children Task Force, California USA. He has also attended and spoken at conferences around Australia and the world.

In 2003, in his role as a Detective, Brett delivered an internet safety presentation to students. It was then that he realised the key to protecting the most vulnerable people in our society, our children, from online dangers was education. This realisation fuelled a passion that led to the creation of INESS which in 2009 reached over 100,000 students, teachers and parents with a message of awareness and responsibilities. As a furtherance to Brett’s diverse background he was contracted in Iraq on a US/Iraq project as a Police Instructor training Iraqi nationals at the Iraq National Police Academy located outside the township of An Naimayah. Brett often incorporates stories of his experience there into his presentations.

Brett has received the Queensland Police Commissioner’s Gold Award and the Crime and Misconduct Commissioner’s Award for his role in the development and implementation of software that is now utilised by various Australian Law enforcement agencies to track and identify online child offenders.

Don’t miss the presentation for Parents and Community members...

30th January at 7PM in the Corinda State School Library.
Gold coin donation requested.
Danse de l’amour

Dance Classes

Enrol now for 2014
Phone 0416 639139
Email - dansedelamour@yahoo.com

Classes held Paddington, Graceville & Taringa
✓ Preschoolers
✓ Ballet
✓ Tap
✓ Jazz
✓ Street / Hip Hop
✓ Adult Classes
Adult Line Dancing – Graceville Tuesday’s

Fully-qualified, registered teacher. Professional teaching with a personal touch at an affordable price.

Dance as a great way to develop co-ordination, musical awareness and to build social skills, while having fun and keeping fit. Our focus at Danse de l’amour is to develop competence and confidence in dance. We foster this in a warm and friendly environment with an emphasis on striving for excellence and a love of dance.
Welcome to our support group!

**Venue:** St. Matthew’s Church Hall
corner of Oxley & Sherwood Rds. Sherwood

**Group Coordinators:** Jane & Lyndell

**Group contact:** June ph: 0448 000 863

On arrival, all members & visitors are requested to please sign-in via the sign-in form. We appreciate your gold-coin donations to help us pay for thank-you gifts for our guest speakers who give of their time for no charge.

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**Meeting Schedule & Guest Speakers for 2014**

<table>
<thead>
<tr>
<th>MONTH</th>
<th>DATE</th>
<th>TIME</th>
<th>SPEAKER</th>
<th>TOPIC</th>
</tr>
</thead>
<tbody>
<tr>
<td>JANUARY</td>
<td>30th</td>
<td>7.00PM</td>
<td>Coffee night - come along</td>
<td></td>
</tr>
<tr>
<td>FEBRUARY</td>
<td>20th</td>
<td>7.00PM</td>
<td>Speaker: Angela Swenson, Edc, AVT Topic: “Q &amp; A - schools &amp; getting the best out of them.”</td>
<td></td>
</tr>
<tr>
<td>MARCH</td>
<td>20th</td>
<td>7.00PM</td>
<td>Speaker: Dr. Heather Way, “The DNA Off-Nutrigenomics: Mum of ASD sons: Topic: “Asperger’s, Gene expression &amp; Nutrition”</td>
<td></td>
</tr>
<tr>
<td>APRIL</td>
<td>24th</td>
<td>7.00PM</td>
<td>Coffee night - come along</td>
<td></td>
</tr>
<tr>
<td>MAY</td>
<td>22nd</td>
<td>7.00PM</td>
<td>Speaker: Peter Frenney, B.Ed, M.Ed, Irwin Diagnostic Clinic Topic: “Reading &amp; Learning Problems &amp; Visual Dyslexia.”</td>
<td></td>
</tr>
<tr>
<td>JULY</td>
<td>17th</td>
<td>7.00PM</td>
<td>Coffee night - come along</td>
<td></td>
</tr>
<tr>
<td>AUGUST</td>
<td>21st</td>
<td>7.00PM</td>
<td>Speaker: Dr. Pete Litley, “Litley Place Clinical Psychology” Topic: “Q &amp; A on Aspergers/AS in 2014”</td>
<td></td>
</tr>
<tr>
<td>SEPTEMBER</td>
<td>18th</td>
<td>7.00PM</td>
<td>Speaker: Kris Barnett, Certified Nutrition &amp; Health coach &amp; Mum of several ASD kids. Topic: “Nutritional issues: the link between dietary intervention, behaviour &amp; learning”</td>
<td></td>
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</tbody>
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**OCTOBER 16th** 7.00PM

Speaker: Dr. Gilbert Baud - Special Needs Tutor Topic: “The Tutor & the ASD mind”

**NOVEMBER 20th** 6.30PM

Christmas get together. Venue TBA

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**Resources at Hand**

Autism & Asperger’s Syndrome Books targeted to your needs listing books & resources from Australia, UK, USA & Canada

**QAPS**

Qld. Asperger Partner Support Group for NT partners.

**WHEN:** First Saturday of each month

**CONTACT:** Helen Boardman

**MOBILE:** 0418 761 652

**EMAIL:** gaps.group@gmail.com

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**Membership**

To access a broad range of resources and to enable us to continue this support group, we encourage and recommend that you become a FINANCIAL member of Asperger Services Australia. The ASA Centre provides:

- Clinical Psychologist, Occupational Therapist, Speech Pathologist, Social Work, and Educational Psychology services
- Support Group Services Programme
- Adult Groups 18+
- Youth Groups 15+
- Craft Group
- School holiday and holiday parties
- Library books and DVDs available for loan
- Workshop invitations
- Newsletter

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**Asperger Services Australia:** Membership and all other inquiries

**Head Office:** Unit 1, 16 Yarrawanna Place Virginia

**Phone:** 3865 9211

**Email:** office@asperger.com.au

**Website:** www.asperger.com.au

**Fax:** 3865 2638

Application Forms for Membership are available from ASA Head Office

**Annual Membership Fees (incl. GST):**

- Individual (1 person only): $65.00
- Family (2 family members living under the same roof): $66.00
- Group: $152.00
- Life Membership: $990.00
- Corporate: $242.00

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**Holiday Closure Dates**

Asperger Services Australia

Usually closed over school holidays from 12th December, 2014 - 21st January, 2015

For more details contact head office on 3865 9211 or email office@asperger.com.au
SHERWOOD FOOTBALL CLUB
41 Chelmer Street East
Chelmer

DO YOU WANT TO GET INVOLVED WITH THE GREATEST SPORTING GAME IN THE WORLD

AUSKICK, JUNIOR & YOUTH (U/8 – U/16’S) SIGN ON DAYS ARE SET FOR 2014 AS FOLLOWS

SATURDAY 8TH FEBRUARY & SUNDAY 9TH FEBRUARY 2014 AT THE CLUB (See address above) FROM 10.00AM-12.00PM.

You could be the next Jonathan Brown or Daniel Rich

Come along get involved in this exciting game & give it a go, we offer your money back if you are not satisfied.

For Further enquiries contact Chris Dennis on 0402 955 461

Auskick will commence on Friday 28th February 2014 & will run from 5.00PM-6.00PM.
Want to play soccer?
Then make 2014 your season with Scorpions Soccer Club!!
We have teams ranging from our Under 6s to Over 30s for males and females!

!!All skill levels welcome!!

Register for the 2014 season either through:
Online  http://qcsascorp.myclubmate.com/mydetails/

Sign On Days  Come along to our Sign On Days:
Saturday 1st February - 10am to 1pm
Saturday 8th February - 10am to 1pm
Cnr Massinger St & Ainsworth St, Salisbury

Give our new committee a call on 0408 119 932
or send an email to registrar@scorpions.org.au if you would like more information. You can also visit our club website:
http://www.scorpions.org.au/

Find us on Facebook to keep up with all the latest news and events

"When all is said and done, it's not the shots that won the championship that you remember, but the friendships you made along the way." —Unknown
New Mandarin Class Available at Sherwood State School

Enrol for New Mandarin Class in Term 1, 2014!

<table>
<thead>
<tr>
<th>Time &amp; Day: to be confirmed</th>
<th>Classroom: to be confirmed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cost per hour: $12</td>
<td>Vacancies available: 12</td>
</tr>
</tbody>
</table>

To enrol / enquire

Email ichoinesebrisbane@hotmail.com  with the child’s
1) name, 2) year level and 3) any previous experience in learning
Mandarin, by Friday, February 21, 2014.

Congratulations on completing iChinese Level 1 course!

Our sites

We currently run Mandarin classes at the following schools and kindergarten:

- Brisbane State High School
- Chapel Hill State School
- Sherwood State School
- The Gap State School
- Hilder Road State School
- Goodstart Early Learning Ashgrove

A Small Step Today  A Giant Leap Tomorrow
MIXED
Recreational social group!

NEXT MEETING
Thursday 30 January
12.30pm to 2:30pm
Planning Day

A time and place for adult men and women to engage in several activities, while sharing experiences on all different levels. A relaxed open forum.

Weekly activities range from
- Cooking
- Woodwork
- Social Outings
- Arts and crafts
- Guest speakers
- And more!!

38 Thallon Street, Sherwood, 4075

contact number: 3379 6963
Email community@sherwoodnc.org
ALSO AVAILABLE AT SHERWOOD SCHOOL
Listed below are a number of extra curricula activities available to our school community both before and after school. Please contact directly.

**After School Care** - Telephone 3278 1658 (Old Hall)

**Art Classes for Children & Adults** - (Room 68 – Prep Building)
- Mon/Wed/Thu 3.15pm-4.15pm
  Telephone Kim Woolley 3379 6585

**Beginner Guitar Lessons** – (Music Rooms)
- Mon/Wed/Thu 3-5pm
  Telephone Audrey on 0432 574 155

**Ceramics Sculpting 3D Design** – (Room 15)
- Wednesday 3.00-3.45pm
  Telephone Hugo Vesara on 3715 6069 or Mobile 0401 911 475

**DDJ Performing Arts** – Dance/Drama/Music (Music Room)
- Tues/Wed/Thu 3.15-4.30pm
  Telephone Katrina 1300 335 335

**Fitness & Dance (FAD)** - Cheerleading & Dance (New Hall)
- Wed 3.30-7pm
  Telephone Belinda 32736367

**Futsal Jnr Academy** – (New Hall)
- Days to be advised
  Telephone Felipe Amorim on 0410 301 981

**Go Sports** (Oval) – Soccer & Netball
- Fridays 7.45am to 8.45am
  Telephone Greg Martin on 0417 614 509

**iChinese** – Mandarin Chinese Lessons
- Tue 3.15-4.15 (Rm 15) & Wed 3.15-4.15 (Music Room)
Telephone Belinda or Ruby 0402 367 332
Jim Joyce Tennis Coaching (Tennis Courts)
Before and after school lessons
Telephone 3375 3644 or Mobile 0417 771 022
**Keyboardkidz** – Contemporary Piano Tuition (Music Room)
  Fridays 3-5pm
Telephone Malcolm on 3849 5954
**Korean Language School** (Old Hall)
  Saturdays 9-1pm
Telephone Joung 0431 177706
**Latin X** Latin Dancing (Old Hall)
  Tuesdays 7pm - 9pm
Telephone Veronika Smith 0417 002 925
**Personal Training - Spectrum PT** (Oval & Under New Hall)
  Mon & Thu 6.30-7.30pm, Sat 7.30-8.30am & 9-10am
Telephone Karen 0406 406 242
**Play Beautiful Football Academy** (Oval)
  Wed 3.15-4.15pm
Telephone Sam 0425 908 308
**RHEE TaeKwon-Do** (Old Hall)
  Wednesdays and Fridays 6.30pm-7.30pm
Telephone Michelle Martin 0400 826 488 or
  Rhee TaeKwon Do HQ on 1300 132 779.
**Speech Pathology**-Helping Speech, Language and Literacy difficulties
  Visiting before and during school Mon and Fri
Telephone Keirra Middleton 0425 860 310
**Traditional Shotokan Karate** (Old Hall)
  Monday and Thursday 6.30 – 8.30pm
Telephone Sensei Steve 0417007012 [www.tskfa.com.au](http://www.tskfa.com.au) or
  email sandrews@tskfa.com.au
**Tennis Court Hire**
  Contact Caitlin Simonson Ph: 3379 9559 or 0417 544 423
**Violin Tuition** (Music Room)
  Tue/Wed 3pm & Thu 7.15am
Telephone Liz Young 0417 922 508
No. 01        30 January 2014

FORTHCOMING EVENTS

**JAN**

Tue 28  Commencement of Term 1

**FEB**

Fri 7  Parent Tuckshop Information Morning Tea (9.00am)
Fri 14  District Swimming Carnival

Term 1: Tue 28 Jan to Fri 4 Apr
Term 2: Tue 22 Apr to Fri 27 Jun
Term 3: Mon 14 Jul to Fri 19 Sep
Term 4: Tue 7 Oct to Fri 12 Dec

2014 SCHOOL TERMS

E-NEWSLETTER - To receive our Newsletter via email type the link below in the address bar of your browser.  

PRINCIPAL’S MESSAGE

Greg Nelson
Email: gnels5@eq.edu.au

Welcome to our Sherwood State School community for 2014. It is a pleasure to catch up with our students and welcome them back to a great school year. I enjoy meeting our new parents so please take the opportunity to say hello, and make sure you become an active parent in our home/school partnership. Most morning and afternoons you will see me about the school grounds and I’m very keen to talk with you.

We have enrolled about 590 students in 2014. This is an ideal size for our school, maintaining a range of important staffing resources. I am also delighted that we have no staff changes, allowing us to build on the strength of our professional development agenda from 2013. Last year we worked hard to strengthen reading, introducing the 12 micro-skills for comprehension (see our web-site for details) and coaching our teachers in some important classroom strategies for teaching reading including Guided Reading. We also introduced a rigorous diagnostic tool for comprehension – this allows teachers to better understand what comprehension skills students are using well and where they need to improve. These approaches will be consolidated this year and our attention shifts to other important areas.
In 2014 our over-arching school priorities continue to be Intellectual Rigour and Differentiation. I listened with great interest to a researcher recently who has found the common denominator for the highest performing education systems internationally is intellectual rigour – stretching students to the limits of their capacity in an environment of high quality teaching and learning.

New initiatives this year include:

• A focus on maths, and in particular the importance of children knowing their number facts, a common set of strategies for problem solving and building consistency in our use of Mathletics. The P&C is providing significant funds to update and extend our maths resources this year.

• Reviewing the teaching of writing - on one of the Pupil Free Days we hosted a full day workshop for 7 Steps to Writing – a highly regarded set of strategies to lift children’s interest and understanding to strengthen writing. Student bookwork and more consistent processes for goal setting are also on the agenda.

In the area of behaviour management we have introduced a school wide set of daily lessons. Ms Alexander has been terrific in preparing these daily lessons for all classes across the school for the year ahead. The theme for this week is ‘Setting a Goal’ and next week teachers will focus student attention on ‘Effective Listening’:

1. Look at the person who is talking
2. Sit quietly
3. Think about what is being said
4. Say yes or nod your head
5. Ask a question about the topic to find out more.

You can reinforce these lessons from home and they will become foundations for ensuring “The Sherwood Best” is more than aspirational for our students. The Minister has also extended provisions for greater discipline in State schools and these are outlined in the link below.


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Kathy Morgan

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Wish everyone in our community a very prosperous year of the horse.

AFTER SCHOOL CARE
Contact Details: Dave Smithson, Director, 3278 1658

Leanne’s last day will be on Friday 31 January. We wish her the best of luck as she goes off to Melbourne to study. Thanks Leanne for your hard work – You will be missed.

Sherwood OSHC has reached capacity on a number of days in Before School Care and places in After School Care a quickly filling. Parents please be aware that opportunities for casual places will be very limited.

Fortnightly statements for this week have been emailed. This Friday 31 January Fortnightly (B) accounts will be charged. Enrolment packages and forms are available from the Sherwood OSHC office or online at www.sherwoodoshc.com.au.

UNIFORM SHOP NEWS
Asta Parker, Uniform Shop Convenor
OPEN: Monday 8am-9am; Wednesday 2.45pm-3.45pm; Friday 2.45pm-3.45pm
Email: sssuniformshop@gmail.com

TUCKSHOP NEWS
Wednesday, Thursday & Friday (Closed Monday & Tuesday)
Cathie Perkins, 3379 3881

Welcome back after the holidays. Tuckshop will re-open Wednesday 12th February. Menu's will be available from the school website. Online ordering will be available via the munchylunch.com.au website. Online ordering is compulsory for all prep students.

We are desperately short of volunteers this year, especially on Fridays. We actually will be unable to open on Fridays if we don't get some new volunteers. Tuckshop is a fun way to help out at school and your children really love having you there. A commitment to our roster requires only 9 days a year so it is not a lot of time. It is a great way to meet new parents and learn about the school. Please fill in the volunteer form and drop to the tuckshop if you can help. Please download a copy from the website under “Forms and Documents”.

New parent tuckshop information morning tea, Friday 7th February at 9.00am. This is for all new parents to the school, (or existing one that would like to know more). This is an opportunity to have an inside peek into the tuckshop and ask any questions you might have when I have time to spare. You will also be able to view most of our food items so you have a better understanding of what you are ordering. Please come and say hello.

SHERWOOD SS TENNIS COACHING 2014
Jim Joyce

School Coaching will commence from Wednesday 5th February (during the second week back after the school holidays). Enrolments close on Monday 3rd February 2014. Spare enrolment forms are available from the School Office or you can download it from the website. To assist us in organising the School Coaching Program could you please submit the forms by the closing date. Special Offer - All new students in Grades 1 and 2 will receive a free tennis racket when joining for the first time.

For further enquiries please contact Jim Joyce on 0417 771022.
SHERWOOD SHARKS

Welcome back

All swimming squads and lessons start back from next Monday, 3rd of February 2014. Our coaches, Ben, Andrew and Pauline will be on deck.

The Sharks’ have a new post on the website; ‘Swim Club sign on, working bee and start dates’

Now that school’s returned, here are a few dates to note for the start of the swimming season:

Squad sign on day (mini; intermediate; senior; adult): Thursday 30 January 3.15 at the pool. Places available in all squad groups. Alternatively use the forms available on our website and e-mail them in to our squad co-ordinator (Vanessa) or return them to us through the school office. Email contact: payments@sherwoodsharks.com

Other swimming groups (Hammerheads; Nemos; Squirts): most pre-squad and learn to swim groups are now full. Contact our squad co-ordinator (Vanessa) by e-mail to discuss availability of places or to put your family on a waiting list: squads@sherwoodsharks.com

Working Bee: this Sunday morning 2 February at 9.15 am. Help the Sharks get the pool and amenities block in shape for first term swimming. Pool is used both for school swimming and club swimming. Bring your brooms, buckets, gloves and gardening gear.

Start dates for all lessons and swim training: Monday 3 February

Start date for Friday night club nights: Friday 7 February

Car parking
Please be aware if you use the pool carpark that small children will be walking through the carpark. Please drive careful.

SCHOOL BANKING

Anyone who is interested in opening up a Dollarmites School Banking account for their child/children, Juleane from the Commonwealth Bank will be at the school on Wednesday, 12 February at 8.00am and again in the afternoon at 2.00pm, on the same day, to assist you in opening a new account.

COMMUNITY NOTICES
(For detailed information see the noticeboard at the office)

GREATER BRISBANE JUNIOR TENNIS (GBJT) conducts weekly Tennis Fixtures at the Queensland Tennis Centre, Tennyson and The University of Queensland for children up to 18 years of age. Grading day for new players is to be held on Sunday 9 February at the Queensland Tennis Centre, Tennyson from 3pm to 5pm. Further information is available at www.gbjt.org.au or by phoning Mrs Peta Davis on 3374 0516

LEARN THE FLUTE! Learn to play the flute with a beautiful tone with a local qualified Flute Teacher. Improve your performance in the school band, learn to play from memory and enjoy group lessons with the Suzuki Method, or prepare for AMEB exams in an encouraging Flute Studio. Visit www.brisbaneflutelessons.com.au for more information, and phone Helen McKee to arrange an interview or lessons on 0423 143 189.

OXLEY UNITED FOOTBALL CLUB are holding their sign on weekend for juniors wishing to play soccer in Season 2014 at our clubhouse at Dunlop Park (behind Corinda Pool on Oxley Road), entry via Hughes Lane) on Saturday 1st and Sunday 2nd February from 9am – 12pm. Please see our website www.oxleyutdfc.org.au for online registration details and fees. Sign on will be for all juniors from 5 years up to Under 18 (if your child turns 5 during 2014 they are eligible to play this year). If you would like further information, please email oxleyunited@hotmail.com or phone 0407 149 793.

WANT TO PLAY CLUB NETBALL? Raiders Netball Club, playing in the Western Districts competition at Graceville, is looking for new players. Ages 6 (turning 7) and up. Fixtures are on a Saturday from April to September, training on a Wednesday night. Great coaches, wonderful friendly club, successful track record of developing our players. Go to www.raidersnetball.com for more info and to register. Act fast! Deadline of 10th February to enable us to finalise teams.
SHERWOOD MEALS ON WHEELS are seeking delivery volunteers. Need to be available once a month to do a run between 9-10:30. Can work on own or with friends. If interested please contact Donna on 3379 7715

FREE AFTER SCHOOL SOCCER NEXT WEDNESDAY AT SHERWOOD!

Your child is invited to experience the thrill of After School Soccer at our **free taster session**.
No need to pre-register, just come down after school and play.
Parents can stay and watch together, pick up at 4.15pm or we can supervise players back to OSHC.

- **Cost:** FREE! (Usually $19 per session)
- **When:** Wednesday 5th February (Week 2)
- **Time:** 3.00-4.15pm
- **Age:** 5-8 years
- **Where:** School Oval (Meet Preps outside class)
- **Coaches:** Play Beautiful Football Academy (orange shirts)

**Confident Kids + Teens**

Give your child the best start in 2014!
Confident Kids is a fun, interactive group program for kids aged 5 – 14 years designed to boost confidence, emotional resilience, social skills and brain power. Kids learn simple strategies to reduce worries, anxiety, self-doubt or negative thinking so they can achieve their full potential. The Confident Kids program provides children with self-esteem tools to keep confidence steady and strong throughout their life!

Program includes parent support and workshop. Facilitated by experienced psychologists who are passionate about helping kids be all they can be. Places are limited so hurry. Groups held at our Paddington clinic. Medicare and Private health fund rebates apply.

For more details visit www.confidentkidsandteens.com.au or email info@positivefamilies.com.au for an Information pack, or phone us on 3368 1307.

Chelmer Station Community Kindergarten

**WE HAVE PLACES AVAILABLE NOW FOR YOUR 3 AND 4 YEAR OLDS!!**

Give us a call or pop in and say hello and let us show you what our wonderful Kindy has to offer.

**Ph:** 3278 1327


6 Halsbury Street, Chelmer Q, 4068
admin@chelmerstationkindy.com.au
Bluejays Netball Club has its annual Sign On for the 2014 season starting on the Saturday 1st February at Faulkner park, 60 Waratah Ave, Graceville, 2pm – 5pm, All Ages, All levels Welcome. Ph: 0403 600 205 http://www.bluejays.netball.asn.au or email bluejaysnetball@hotmail.com, Club President. Tony De Glas.

Junior Engineers is coming to Sherwood State School for Term 1, 2014

Our after school courses develop children’s’ mathematical and problem solving skills through software programming.

Students start at an introductory level and progress towards more sophisticated software programming. Give your child a head start and enrol today!

- Students will learn to program in a fun environment
- Small classes of up to 9 students
- Course information provided
- 45 minutes weekly classes
- Registration open for year 3 and above
- Free trial class
- Cost is only $290 per term.

Register today at www.inengineers.com | twitter @inengineers

Contact: Ron: 0478 472 148, inengineers@gmail.com
Internet Safety and Cyberbullying Presentations for Schools, Community and Organisations

Schools and parents need to equip children, teenagers and adults with the skills and knowledge to enable them to use the internet safely whilst making them aware of their rights and responsibilities in the cyberworld.

**Corinda State School** has arranged for INESS, a company which specialises in delivery of these programs to students to deliver presentations to students, staff and parents on Thursday 30th January. They achieve this through the delivery of unique and engaging presentations targeting empowerment, awareness and self-developed from the perspective of an undercover internet detective, these presentations bring the dangers of the internet to life for all audience members. Having spent thousands of hours as a fictitious child on the internet, INESS creator Brett Lee, can create a very powerful and unique credibility with the audience that is essential and unprecedented.

Brett and his team of presenters are able to communicate expert knowledge surrounding a complex problem in an interesting and engaging way at a level accessible and acceptable to students, parents, teachers and members of the community. The message is simple, getting these messages through to our audiences is what INESS excels at.

We will be holding a session for parents and community members in our Library from 7-8pm on 30th January. All are welcome and we simply request a gold coin donation at the door to help offset our costs.

**About Brett Lee....**

INESS creator, Brett Lee, worked as a Queensland Police Officer for 22 years, 16 of those as a Detective predominantly in the field of Child Exploitation. In his last five years of service, he was a specialist in the field of undercover internet child exploitation investigations.

Brett has been personally involved in the online investigation, arrest and prosecution of numerous offenders, whose medium for preying on children is the internet. Brett has delivered training to members of law enforcement agencies including New South Wales Police, South Australian Police, West Australian Police and Australian Customs. Within his own police service he was involved in the training of plain clothes police through Detective Training and Sexual Crimes courses in Online Child Exploitation investigations.

Further to Brett’s experience, he has completed the FBI Advanced Internet Investigations Course and has worked with the FBI Innocent Images Unit, Maryland USA, the Department of Homeland Security Cyber Crimes Centre, Virginia USA and the San Jose Internet Crimes Against Children Task Force, California USA. He has also attended and spoken at conferences around Australia and the world.

In 2003, in his role as a Detective, Brett delivered an internet safety presentation to students. It was then that he realised the key to protecting the most vulnerable people in our society, our children, from online dangers was education. This realisation fuelled a passion that led to the creation of INESS which in 2009 reached over 100,000 students, teachers and parents with a message of awareness and responsibilities. In a further testament to Brett’s diverse background he was contracted in Iraq on a US/Iraq project as a Police Instructor training Iraqi nationals at the Iraq National Police Academy located outside the township of An-Nuzayiyah. Brett often incorporates stories of his experience there into his presentations.

Brett has received the Queensland Police Commissioner’s Gold Award and the Crime and Misconduct Commissioner’s Award for his role in the development and implementation of software that is now utilised by various Australian Law enforcement agencies to track and identify online child offenders.

Don’t miss the presentation for Parents and Community members...

**30th January at 7PM in the Corinda State School Library.**

Gold coin donation requested.
Enrol now for 2014
Phone 0416 639139
Email - dansedelamour@yahoo.com

Classes held Paddington, Graceville & Taringa
- Preschoolers
- Ballet
- Tap
- Jazz
- Street / Hip Hop
- Adult Classes
Adult Line Dancing - Graceville Tuesday’s

Fully-qualified, registered teacher. Professional teaching with a personal touch at an affordable price.

Dance as a great way to develop co-ordination, musical awareness and to build social skills, while having fun and keeping fit. Our focus at Danse de l’amour is to develop competence and confidence in dance. We foster this in a warm and friendly environment with an emphasis on striving for excellence and a love of dance.
Welcome to our support group!

Venue: St. Matthew's Church Hall
corner of Oxley & Sherwood Rds. Sherwood
Group Coordinators: jane & Lyndell
Group contact: jane ph. 0448 000 863

On arrival, all members & visitors are requested to please sign-in via the sign-in form. We appreciate your gold-coin donations to help us pay for thank-you gifts for our guest speakers who give of their time for no charge.

Meeting Schedule & Guest Speakers for 2014

3RD THURSDAY EVENINGS OF THE MONTH

JANUARY 30TH
Coffee night - come along

FEBRUARY 20TH
Speaker: Angela Sorensen Educ. AVT
Topic: “Q & A - school & getting the best out of them.”

MARCH 20TH
Speaker: Dr Heather Way “The DNA Off - Nutrigenomics: Mum of ASD sons.
Topic: “Aspergers, Gene expression & Nutrition”

APRIL 24TH
Coffee night - come along

MAY 22ND
Speaker: Peter Frenney B.Ed, M. Ed.
Intelligence Clinic
Topic: “Reading & Learning Problems & Visual Dyslexia.”

JUNE 19TH
Speaker: Jennifer Bogoch Lang.
Feeding children, Kell of Asperges.

JULY 17TH
Coffee night - come along

AUGUST 21ST
Speaker: Dr Pea Littie “Lilley Place Clinical Psychology
Topic: “Q & A on Aspergers / AS in 2014”

SEPTEMBER 18TH
Speaker: Kris Barnett - Certified Nutrition & Health coach & Mum of ASD son.
Topic: “What food matters - the link between dietary intervention, behaviour & learning”

OCTOBER 16TH
Speaker: Dr Gilbert Boag
Special Needs Tutor
Topic: “The Tutor & the ASD mind”

NOVEMBER 20TH
Christmas get together.
Venue TBA

Resources at Hand

Autism & Asperger’s Syndrome Books targeted to your needs listing books & resources from Australia, UK, USA & Canada

Ph: 3880 2172

www.resourceathand.com.au

QAPS
Qld. Asperger Partner Support Group for NT partners.

WHEN: First Saturday of each month
CONTACT: Helen Boardman
MOBILE: 0418 761 652
EMAIL: qaps.group@gmail.com

Holiday Closure Dates

Asperger Services Australia
Usually close over school holidays from 12th December, 2014 - 21st January, 2015
For more details contact head office on 3885 2911 or email office@asperger.com.au

Membership

To access a broad range of resources and to enable us to continue this support group, we encourage and recommend that you become a FINANCIAL member of Asperger Services Australia.

The ASA Centre provides:
- Clinical Psychologist, Occupational Therapist, Speech Pathologist services.
- Support Services: Programmes
- Adult Groups 18+
- Youth Groups 15+
- Craft Group
- School holiday LANS Parties
- Library books & DVDs available for loan
- Workshop invitations
- Newsletter

Asperger Services Australia: Membership and all other inquiries

Head Office: Unit 1, 16 Yarraman Place
Virginia
Phone: 3885 2911
Email: office@asperger.com.au
Website: www.asperger.com.au
Fax: 3885 2838

Application Forms: Membership are available from ASA Head Office

Annual Membership Fees (incl. GST):
- Individual: (1 person only) $35.00
- Family: (1 family living under the same roof) $66.00
- Group: $112.00
- Life Membership: $990.00
- Company: $362.00
SHERWOOD FOOTBALL CLUB
41 Chelmer Street East
Chelmer

DO YOU WANT TO GET INVOLVED WITH THE GREATEST SPORTING GAME IN THE WORLD

AUSKICK, JUNIOR & YOUTH (U/8 – U/16’S) SIGN ON DAYS ARE SET FOR 2014 AS FOLLOWS

SATURDAY 8TH FEBRUARY & SUNDAY 9TH FEBRUARY 2014 AT THE CLUB (See address above) FROM 10.00AM-12.00PM.

You could be the next Jonathan Brown or Daniel Rich

Come along get involved in this exciting game & give it a go, we offer your money back if you are not satisfied.

For Further enquiries contact Chris Dennis on 0402 955 461

Auskick will commence on Friday 28th February 2014 & will run from 5.00PM-6.00PM.
Want to play soccer?
Then make 2014 your season with Scorpions Soccer Club!!
We have teams ranging from our Under 6s to
Over 30s for males and females!

!!All skill levels welcome!!

Register for the 2014 season either through:
Online   http://qcsascorp.myclubmate.com/mydetails/

Sign On Days  Come along to our Sign On Days:
Saturday 1st February - 10am to 1pm
Saturday 8th February - 10am to 1pm

Cnr Massinger St & Ainsworth St, Salisbury

Give our new committee a call on 0408 119 932
or send an email to registrar@scorpions.org.au if you would
like more information. You can also visit our club website:
http://www.scorpions.org.au/

Find us on Facebook to keep up with all the latest news and
events

"When all is said and done, it's not the shots that won the
championship that you remember, but the friendships you made along
the way.” —Unknown
New Mandarin Class Available at Sherwood State School

Enrol for New Mandarin Class in Term 1, 2014!

<table>
<thead>
<tr>
<th>Time &amp; Day: to be confirmed</th>
<th>Classroom: to be confirmed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cost per hour: $12</td>
<td>Vacancies available: 12</td>
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To enrol / enquire
Email ichinesebrisbane@hotmail.com with the child’s
1) name, 2) year level and 3) any previous experience in learning Mandarin, by Friday, February 21, 2014.

Congratulations on completing iChinese Level 1 course!

Our sites
We currently run Mandarin classes at the following schools and kindergarten:
- Brisbane State High School
- Chapel Hill State School
- Sherwood State School
- The Gap State School
- Hilder Road State School
- Goodstart Early Learning Ashgrove

A Small Step Today  A Giant Leap Tomorrow
MIXED
Recreational social group!

NEXT MEETING
Thursday 30 January
12.30pm to 2:30pm
Planning Day

A time and place for adult men and women to engage in several activities, while sharing experiences on all different levels. A relaxed open forum.

Weekly activities range from
• Cooking
• Woodwork
• Social Outings
• Arts and crafts
• Guest speakers
And more!!

38 Thallon Street, Sherwood, 4075
contact number: 3379 6963
Email community@sherwoodnc.org
Listed below are a number of extra curricula activities available to our school community both before and after school. Please contact directly.

**After School Care**
- Telephone 3278 1658 (Old Hall)

**Art Classes for Children & Adults**
- (Room 68 – Prep Building)
  - Mon/Wed/Thu 3.15pm-4.15pm
  - Telephone Kim Woolley 3379 6585

**Beginner Guitar Lessons**
- (Music Rooms)
  - Mon/Wed/Thu 3-5pm
  - Telephone Audrey on 0432 574 155

**Ceramics Sculpting 3D Design**
- (Room 15)
  - Wednesday 3.00-3.45pm
  - Telephone Hugo Vesara on 3715 6069 or Mobile 0401 911 475

**DDJ Performing Arts**
- Dance/Drama/Music (Music Room)
  - Tues/Wed/Thu 3.15-4.30pm
  - Telephone Katrina 1300 335 335

**Fitness & Dance (FAD)**
- Cheerleading & Dance (New Hall)
  - Wed 3.30-7pm
  - Telephone Belinda 32736367

**Futsal Jnr Academy**
- (New Hall)
  - Days to be advised
  - Telephone Felipe Amorim on 0410 301 981

**Go Sports**
- (Oval) – Soccer & Netball
  - Fridays 7.45am to 8.45am
  - Telephone Greg Martin on 0417 614 509

**iChinese**
- Mandarin Chinese Lessons
  - Tue 3.15-4.15 (Rm 15) & Wed 3.15-4.15 (Music Room)
Jim Joyce Tennis Coaching (Tennis Courts)
Before and after school lessons
Telephone 3375 3644 or Mobile 0417 771 022

Keyboardkidz – Contemporary Piano Tuition (Music Room)
Fridays 3-5pm
Telephone Malcom on 3849 5954

Korean Language School (Old Hall)
Saturdays 9-1pm
Telephone Joung 0431 177706

Latin X Latin Dancing (Old Hall)
Tuesdays 7pm - 9pm
Telephone Veronika Smith 0417 002 925

Personal Training - Spectrum PT (Oval & Under New Hall)
Mon & Thu 6.30-7.30pm, Sat 7.30-8.30am & 9-10am
Telephone Karen 0406 406 242

Play Beautiful Football Academy (Oval)
Wed 3.15-4.15pm
Telephone Sam 0425 908 308

RHEE TaeKwon-Do (Old Hall)
Wednesdays and Fridays 6.30pm-7.30pm
Telephone Michelle Martin 0400 826 488 or
Rhee TaeKwon Do HQ on 1300 132 779.

Speech Pathology - Helping Speech, Language and Literacy difficulties
Visiting before and during school Mon and Fri
Telephone Keirra Middleton 0425 860 310

Traditional Shotokan Karate (Old Hall)
Monday and Thursday 6.30 – 8.30pm
Telephone Sensei Steve 0417007012 www.tskfa.com.au or
email sandrews@tskfa.com.au

Tennis Court Hire
Contact Caitlin Simonson Ph: 3379 9559 or 0417 544 423

Violin Tuition (Music Room)
Tue/Wed 3pm & Thu 7.15am
Telephone Liz Young 0417 922 508