FORTHCOMING EVENTS

MAR
Fri 7  Tuckshop AGM (2.00pm at the Tuckshop)
Mon 10 – Fri 14  Yr 7 Camp
Wed 19  Westcent Auditions (Yr 6-7 at Kenmore SS)
Wed 19 – Thu 27  Parent/Teacher Interviews
    Thu 20  Arts Council Performance (P-3)
    Fri 21  Harmony Day
Mon 24 – Wed 2 April  Parent/Teacher Interviews (Year 6/7M and 6/7S ONLY)
    Wed 26  Yr 3 Interhouse Swimming Carnival
    Fri 28  Year 4 - 'First Contact' Living Histories Workshop (New Hall)
Mon 31  P & C Meeting (AGM) (Staff Room – 7.30-9.30pm)
Mon 31  Yr 4-7 Interhouse Swimming Carnival

APR
Fri 4  Final Day Term 1
Tue 22  Commencement of Term 2
Fri 25  ANZAC Day
Mon 28  P & C Meeting (Staff Room – 7.30-9.30pm)
Wed 30  Yr 4-7 Cross Country (Arboretum)

MAY
Thu 8  WTB Cross Country (location TBC)
Sat 10  SCHOOL FETE
Tue 13 – Thu 15  NAPLAN Testing (Yr 3, 5 & 7)
Mon 19  Bands Fanfare Competiton (Centenary SHS)
Thu 22  Yr 5 RNA Rural Discovery Day
Fri 23  Yr 4 St Helena Island Excursion
Mon 26  P & C Meeting (Staff Room – 7.30-9.30pm)
Tue 27  Regional Cross Country

2014 SCHOOL TERMS
Term 1: Tue 28 Jan to Fri 4 Apr
Term 2: Tue 22 Apr to Fri 27 Jun
Term 3: Mon 14 Jul to Fri 19 Sep
Term 4: Tue 7 Oct to Fri 12 Dec

E-NEWSLETTER - To receive our Newsletter via email type the link below in the address bar of your browser.
This year our school has subscribed to an on-line resource providing parenting advice. I will draw on this advice sometimes to provide some guidance in my Newsletter articles. Recently there was an article on children's sleep.

Good sleep habits include:

1. Regular bedtimes. Kids may fight this, but make sure kids keep regular bedtimes during the week and allow them to stay up a little later on weekends. Children need between 10 and 12 hours of sleep each day, while teens need a minimum of nine hours.
2. A 45 minute wind-down time before bed. This includes removing TV and other stimuli, calming the child down and limiting food intake (and caffeine for teens). The wind-down time informs the body clock that sleeping-time is near.
3. A bedtime routine: Have a bedtime routine, such as story-reading and teeth-cleaning, that signals psychologically that it is time for sleep. A set routine means that kids can predict. It also means that some children will fight bedtime so you need some good strategies in place to get kids to bed and make sure they stay there.
4. Keeping bedrooms for sleep. Bedrooms that resemble caves are recommended. It gets tricky with mobile phones and other information technology, but it's smart to keep mobiles and laptops out of bedrooms at sleep-time. This goes for parents too. I've noticed most parents sleep in technology-free bedrooms (apart from a clock-radio) yet their kids will have technology-full rooms.
5. Maximise the three sleep cues. These include: darkness (maintaining a cave-like bedroom); lowering body temperature (baths can be good for this); and melatonin (work within their cycle).

With mental health being on the agenda for all Australians and New Zealanders there is no better start than attending to good sleep habits. If your kids get less sleep than they should, check out the five habits above and work out which of these you can adjust to move things in favour of them getting more sleep.

Next week the Pro-social Classroom lessons across the school will focus on following instructions.

Skill 5 – Following Instructions

1. Listen carefully to the instructions.
2. Ask questions about anything you don’t understand.
3. Repeat the instructions to the person (or to yourself).
4. Follow the instructions.

Please talk to your children at home about these ideas.

This month we have our P&C AGM. Do you value the good work done by our staff and community? Do you have a role to play. Please make the effort to be an active member of our school community – it's what makes our school strong and successful. I am especially speaking to Prep and Year 1 parents – become involved and make this school an important part of your valued community.

We have noticed dogs are being taken into the school grounds when parents are collecting or dropping off their children. As a reminder to all families, dogs are not permitted on school grounds.

HARMONY DAY 2014
Francine Hayler, Deputy Principal

Harmony Day is fast approaching and I would like to involve members of the community in our celebration. Each year March 21 is highlighted as the day to celebrate the diversity of our Australian community. The theme for 2014 is ‘Everyone Belongs’.

This year, a special Assembly will be held in our Sports Hall on Friday 21 March at 9:00am. If you or someone you know would be interested in performing at this assembly, I would love to hear from you. A performance could take any form including dancing, singing, poetry or storytelling. Please email or phone me by Friday 14 March if you are willing to participate.
AFTER SCHOOL CARE
Contact Details: Dave Smithson, Director, 3278 1658

Vacation Care program and booking forms are now available from the OSHC office or online at www.sherwoodoshc.com.au. Please book in early to avoid disappointment.

We are currently in the process of reviewing our menu and food choices – I welcome and encourage any parent input. If you have any suggestions or feedback please email the service at sherwoodoshc@gmail.com.

Fortnightly statements for this week have been emailed. This Friday 7 February Fortnightly (A) accounts will be charged.

Enrolment packages and forms are available from the Sherwood OHSC office or online at www.sherwoodoshc.com.au.

UNIFORM SHOP NEWS
Asta Parker, Uniform Shop Convenor
OPEN: Monday 8am-9am; Wednesday 2.45pm-3.45pm; Friday 2.45pm-3.45pm
(NB New times below for the next few weeks)
Email: sssuniformshop@gmail.com

During Asta's convalescence, the hours of the uniform shop will be

Tues 8am -9am and 2:30 -3:30pm
Thurs 8am -9am

TUCKSHOP NEWS
Wednesday, Thursday & Friday (Closed Monday & Tuesday)
Cathie Perkins, 3379 3881

Tuckshop committee will be holding it's AGM on Friday 7 March at 2pm in the tuckshop. If you are interested in joining the Tuckshop committee please come along.

SHERWOOD FETE
To get an article in the newsletter please contact Kim Crane at sherwoodfete@yahoo.com.au or 0400792538

Sherwood School Fete
9am – 4pm - Saturday 10th May 2014
“Families Together”

WINNERS

Most chocolate donations!!  4F congratulations class!!

Keep that soft drink coming in until Friday!!
DONATIONS – help required

Help required to collect and count the many weekly donations that we receive each week. If you are able to assist please call Sarah Hockey 0438 443 348

Add an extra item to your shopping list

Each week there will be grocery items listed in this newsletter (& around the school) and it would be very much appreciated if you could buy some/one each week and bring it into your child’s classroom. Every item is needed by a stall eg. sugar for the sweet stall. The idea behind this is to allow those busy working parents who find it hard to give their time, to still contribute to the fete in a very much needed way. Please drop your shopping items in the FETE BAG provided in each classroom. The class that donates the most shopping items at the end of EACH week will win ICEBLOCKS for the whole class!

So please start bringing in your items today.

************************************************

ATTENTION STALL CONVENORS

The fete is not too far away now with preparations well underway for that special day in May!! THANK YOU to all those convenors that have taken up the challenge again of running a stall and to the first timers!

The fete will have many stalls – nearly new clothes, books, toys, cakes and the sweets stall just to name a few!! Now is the time to start sorting through & collecting those nearly new clothes, books and toys. Please think about what stall you would like to be a part of.

If you would like to shadow a stall convenor & learn the ropes to take on a stall in the future please contact Trina Partridge - kipartridge@gmail.com

JAM STALL

Come one, come all. It is time again to get together for a chat and nibbles and make some Jam & Chutney

We are having three cook-offs before the Fete and if you could make it to just one we would love to see you.

Times are always from 1.30pm till about 4pm

Where: Sherwood State School - The Old Hall

2/ Saturday 5th April
3/ Saturday 3rd May

Please email me if you can make it so I can send you a list of things to bring on the day
Many heartfelt thanks in anticipation

Anne Clifton - Email: janda.clifton@bigpond.com

JARS, JARS, JARS

The Jam Stall needs your empty jars.

Collect your jars and either drop them outside the Fete Room adjacent to the Tennis Courts or drop them to 72 Central Ave, Sherwood (leave in alcove).

Size of jars that are great are the Salsa Jars, Cheese Spread, Pesto or about the 250ml size. Please no pasta sauce jars. Thank you, Anne
CREATIVE GIFTS STALL

We had 7 gorgeous mums attended our soap workshops - I think you’ll get a very nice selection of handmade soaps - zebra stripes, cupcakes, Minecraft theme, goats milk, lavender and so much more! Come and check them out on Fete day.

If you are interested in starting an amazing and rewarding hobby of beekeeping, please contact Shobi (0422 961 056). Beside the delicious yummy, local honey produced from the hive, the beeswax has been used to create lip balms, soap and candle making for our fete.

We have 2 craft sessions planned:

**Date:** 9th March, Sunday  
**Time:** 1:30-4:30pm  
**Claire’s home:** 18 Consort St, Corinda  
**Claire’s contact:** 0412 911 240  

**Date:** 11th March, Tuesday  
**Time:** After school drop off (9am)  
**Shobi’s home:** 64 Thornburgh St, Oxley  
**Shobi’s contact:** 0422 961 056

Come and support us, bring your craft and enjoy the atmosphere or we can give you a job to do. RSVP so that we can cater. Thank you, Shobi

GARDEN STALL

Calling all gardeners!!!

The garden stall is looking for donations of plants, potting mix and colourful pots. We are also looking for volunteers to help make our garden stall a success in the lead up to the fete, and on the day.

We would love to hear from you if you have any donations or would like to be involved.

My mobile is 0433 186 210.

Thank you, Rebecca

SECOND HAND TOY STALL

It’s that time again!!!

Time to sort through your children’s toys and donate those that are no longer played with and have become dust collectors!

I will accept all toys – including games, soft toys, baby toys etc - as long as there is still play left in them and they have no broken or missing bits. Please don’t donate toys that would be better put in the bin.

If you are donating toys that have lots of pieces eg jigsaw puzzle, please put it in a bag to keep all the pieces together.

You can leave your donations at my place 72 Chancellor St Sherwood or under the Grade 6 building at school. Thank you, Margie.
**Important Diary Dates**

**Please keep these dates free to come & help at the school:**

1st Working Bee: **Saturday 3rd May @ 2pm school** – sorting tents, washing tables and chairs etc in preparation for the fete day the following week

2nd Working Bee: **Friday 9th May @ 6am school** – to help put up tents, arrange tables & chairs etc - (lots of strong helpers needed)
@ **8.30am onwards** – come and help with stall set up – toys, nearly new clothes, books and others all need help to move their goods from storage to their fete locations around the school, unpack them and make displays for them. So if you can spare an hour after drop off to help, it would be much appreciated (light but consuming work!)

3rd Working Bee: **Sunday 11th May @ 3pm school** – to assist in taking tents down & general clean up.
Bring the kids, help pick up litter!! Many hands make light work!!

**Please contact Murray Adams 0412 004 715 if you have any queries.**

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**School Fete Shopping List - 2014 - FEB - MARCH**

Please drop your shopping items in the “FETE BAG” provided in each classroom.
The class that donates the most shopping items at the end of EACH week will win ICEBLOCKS for the whole class!

So please start bringing in your items today!!

<table>
<thead>
<tr>
<th>WEEK BEGINNING</th>
<th>ITEMS</th>
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</thead>
</table>
| March 10th     | Preps – *Nestle Condensed Milk*  
                | YR 1 & 2 – *COOKING* (good quality) *Chocolate*  
                | YR 3 – *Pascall Marshmallows*  
                | YR 4 – *Tomato Sauce*  
                | YR 5 – *BBQ Sauce*  
                | YR 6/7 – *Sweet Chilli Sauce or American* |
| March 17th     | *Novelty Items for lucky dips* |
| March 24th     | *Mother’s Day Pamper Items* |

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**CONVENORS LIST 2014**

<table>
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<tr>
<th>STALL</th>
<th>CONVENOR</th>
<th>PHONE</th>
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<td>Amusements</td>
<td>Ann Ringlestein</td>
<td>3379 2004</td>
<td></td>
<td><a href="mailto:ringos@internode.on.net">ringos@internode.on.net</a></td>
</tr>
<tr>
<td></td>
<td>Jill Johnston</td>
<td></td>
<td></td>
<td><a href="mailto:jilljacs@bigpond.net.au">jilljacs@bigpond.net.au</a></td>
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<tr>
<td>Bar</td>
<td>Danielle &amp;</td>
<td></td>
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<td><a href="mailto:andrewwilson@tpg.com.au">andrewwilson@tpg.com.au</a></td>
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<td></td>
<td>Andrew Wilson</td>
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<tr>
<td>BBQ</td>
<td>Shannon Down</td>
<td>0417 623 450</td>
<td>0411 752 536</td>
<td><a href="mailto:skwright@internode.on.net">skwright@internode.on.net</a></td>
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<tr>
<td></td>
<td>Angela Reilly</td>
<td>0408 980 833</td>
<td></td>
<td><a href="mailto:angreilly@hotmail.com">angreilly@hotmail.com</a></td>
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<td>Chocolate Drop</td>
<td>Leigh Hamilton</td>
<td>0406 714 496</td>
<td></td>
<td><a href="mailto:beyrerman@gmail.com">beyrerman@gmail.com</a></td>
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</table>
NEARLY NEW CLOTHES

It’s that time of year again when I ask for clean, NEARLY NEW clothes, bags, costume jewellery and shoes. This year, I will be taking clothes donations AFTER the April holidays. That will give you time to sort through your wardrobes for clothes and accessories that no longer fit, you no longer like or you just want a change from. We will happily take them off your hands and find new homes for them.

Please label bags for easy sorting (THIS HELPS ENORMOUSLY)
B - babies  CB - children boys  CG - children girls  TB - teenager boys  TG - teenager girls  AW - adult women  AM - adult men
Please be aware that we **CANNOT** accept undergarments of any sort for health reasons. This store has always been successful due to the quality clothes we sell. Please don’t send stained or ripped clothing or shoes that are completely worn as we cannot sell them and it just adds extra work to dispose of them. Also, if you are on-passing boxed clothing that has been stored, spend a little time checking through as they might not be in the condition that we can use.

We are always light on Costume jewellery which is a huge seller as well as clothing for teenage boys (I think they really wear out their clothes)! Sunglasses, belts, scarves and hats are other big sellers. We also seem to get heaps of requests for quality dress-ups (the wonder woman outfit including hot red boots was snatched up before the fete last year!!)

Anyone willing to give some time to the store on fete day can contact me on 0413 092 919 or 3278 4724 (Nicole Eaves) - any time, will be appreciated. Otherwise, Friday, setup day is a huge day but goes smoothly when there are alot of hands on deck.

Thanking you all in advance.

**SHERWOOD SHARKS**

**Skills sessions**
This Friday afternoon, 7 March 2014, our skill session is relay training and is planned for those swimmers who are attending the Oxley Cup on Sunday. The skills sessions are every Friday afternoon from 4 until 5pm.

**Friday Night Swim Club**
This Friday night, 7 March 2014, we have our usual Friday night swim club, with gates and registrations opening at 5:30pm. Again, we would like to remind all attending that to run a successful club we all need to remember to display our Sherwood Best at all times. Please ensure that your child is over at the marshalling area when they are racing and they have their cap and goggles on ready to go. If you wish to register in advance please email the registrars prior to 6pm Thursday evening with the details. All contact details are available on the website at SherwoodSharks.com.au

**Oxley Cup**
On Sunday afternoon, 9 March 2013 a large contingency of Sherwood Sharks swimmers have been nominated to attend the Oxley Cup. Coach Kendall has notified all swimmers who have been nominated. The annual Oxley Cup is a meet between Oxley, Sherwood and Graceville swimming clubs. This year Oxley is hosting at the Oxley State School swimming pool. Warm up is at 12.30pm for a 1pm start to racing. The program of events is now available on Meet Mobile (no swimmer nominations have been included yet). Look up “Oxley” and the race listing can be found under “Oxley Road Cup”. There are two sessions created for the day. Additional relay practice for the cup will be held Thursday afternoon from 5pm as well as during our usual Friday afternoon skills session at 4pm which has been dedicated, as above to Cup swimmers’ relay training. We will also need six time keepers on the day.

**Volunteers**
As always, we require and appreciate volunteers on Friday night swim club. If you are available to time keep, help in the BBQ or canteen please let a committee member know. Most committee members wear their Sharks red polo shirt to help identify who they are.

**Swimming Rules**
The coaches have spoken to the children regarding correct technique in all strokes. For butterfly and breast stroke, swimmers must touch the wall with two hands. We are trying to teach children how to swim in a safe and fun environment. Children will be disqualified for not following the rules.

**COMMUNITY NOTICES**
*(For detailed information see the noticeboard at the office)*

**DDJ Performing Arts**

Is your child looking for a new fun, creative and rewarding activity in 2014? DDJ Performing Arts provides an Instrumental and CHOIR program at your school with group MUSIC lessons starting at $17.95 for 30 minutes, Dance and Drama lessons starting at $13.95/lesson. Let your child discover the joys of music, starting with a free, no-obligation first trial lesson. Contact DDJ on 1300 335 335 for more information, or pick up an information flier from your school administration office.
INDOOROOPILLY STATE HIGH SCHOOL
A community of forward thinkers

INDRO TOURS
✓ Receive information ✓ Talk to students and teachers ✓ See our school in action
WHEN: Monday 17 March 2014: 1.30pm-3.00pm
Tuesday 27 May 2014: 9.30am-11.30am
WHERE: The Peter Doherty Theatre (car parking available at Ward Street entrance)

YEARS 7 and 8 SPECIAL PROGRAMS EVENING
Come along and receive in-depth information about our innovative Years 7 and 8 programs - Maths and Engineering Acceleration, Spanish Immersion, Chinese Acceleration and Arts XLR8. Talk with current students and parents about their experiences.
WHEN: Monday 24 March 2014: 6.00pm-7.30pm
Tuesday 3 June 2014: 5.00pm-6.30pm
WHERE: Language Centre (car parking available at Ward Street entrance)

Indooroopilly State High School
Ward St, Indooroopilly
Telephone: +61 07 3327 8333
Email: info@indoomoshs.eq.edu.au
Web: www.indoorooshs.eq.edu.au

Education Queensland International CRICOS Provider Number: 00008A

BJP PHYSIE
"Empowering Girls for Life"

A fusion of Dance and Sport, Physie combines a variety of dance types into one syllabus promoting co-ordination, flexibility, music appreciation & good posture along with many other benefits.

FUN - FITNESS - FRIENDSHIP.

Offering affordable classes from 3yrs and up starting at only $5 a lesson.
Please contact us for a free trial lesson.

Libby 0400 612 386
www.centenaryphysie.com
23rd BABY & KIDS’ BAZAAR (Brisbane Multiple Birth Association- Westside) is on at Sherwood State School Hall on Saturday 22 March, 9-11:30am. New and handmade baby & kids’ products and great pre-loved items! Sausage sizzle, cakes and coffee. Jumping castle and a visit from Lightning McQueen 9am AND an Awesome Possum SUPERMAN show at 10am. Free activities all morning to entertain the kids - Magic of Music sessions, craft by Bim Bam Boom and Gingersport. Great door prizes, early bird goodie bag giveaways and always lots of bargains! Entry by gold coin donation.
YUINGI FAIR

Join us for a fun filled morning for the whole family...

SATURDAY
22nd MARCH
9am - 1pm
113 CLIVEDEN AVE, OXLEY

FREE entry!
$15 Fun Pass for unlimited rides & entertainment

Jumping Castles
Trackless Train
Face Painting
Food Stalls
Little Kickers

Exclusive performance by the Fabulous Lemon Drops!

Giant Slide Crafts
2nd Hand Clothes & Toys
Animal Farm
Cent Auction
and lots more!
Again these holidays Jonathan will show you how to make some new and interesting pieces.

So whether you want to explore the fascinating world of modular origami or just happy to have dinosaurs roam around the pyramids, we are sure there is something that will tickle your folding fancy.

Some of the models that you can fold include intricate woven cubes, boats that float, dinosaurs, flowers that bloom, flapping butterflies and a number of clever and unusual designs.

Why not come along and join in the fun... numbers in each class are limited to ensure you get the most from the sessions.

Only $35 per session
even less with family discounts...
Parents and carers free...

All materials included!

April 15, 16 & 17th
9:30-11:30 or 1:30-3:30
Graceville Presbyterian Church Hall
12 Bank St Graceville

Bookings: www.origamidojo.org or phone: 3172 7291
All registered players receive free entry into the Bronco's home games at Suncorp Stadium!

- We need new players for all age groups 6-16 years.
- Fully qualified coaches.
- Modified league safe rules.
- Registered with the get Started fee subsidy scheme.
- Come and be part of a great club, have fun and make new friends.

New Players Needed!

Sign on Thursday nights

Time: 5:30-7:30pm

Contact person: Bob Reid
Email: southgraceville@gmail.com
Website: http://www.sgrlc.com.au

Bert St Clair Oval
247 Graceville Ave Graceville
ALSO AVAILABLE AT SHERWOOD SCHOOL

Listed below are a number of extra curricula activities available to our school community both before and after school. Please contact directly.

**After School Care** - Telephone 3278 1658 (Old Hall)
**Art Classes for Children & Adults** - (Room 68 – Prep Building)
  - Mon/Wed/Thu 3.15pm-4.15pm
  - Telephone Kim Woolley 3379 6585

**Beginner Guitar Lessons** - (Music Rooms)
  - Mon/Tue/Wed/Thu from 3.00pm
  - Telephone Audrey on 0432 574 155

**Ceramics Sculpting 3D Design** - (Room 15)
  - Wednesday 3.00-3.45pm
  - Telephone Hugo Vesara on 3715 6069 or Mobile 0401 911 475

**Computer Junior Engineers** - (Computer Lab)
  - Tues 3.30-4.15pm
  - Telephone Leigh: 0488 411 206

**DDJ Performing Arts** - Dance/Drama/Music (Music Room)
  - Tues/Wed/Thu 3.15-4.30pm
  - Telephone Katrina 1300 335 335

**Fitness & Dance (FAD)** - Cheerleading & Dance (New Hall)
  - Wed 3.30-7.30pm
  - Telephone Belinda 32736367

**Futsal Jnr Academy** - (New Hall)
  - Days to be advised
  - Telephone Felipe Amorim on 0410 301 981

**Go Sports** - (Oval) – Soccer & Netball
  - Fridays 7.45am to 8.45am
  - Telephone Greg Martin on 0417 614 509

**iChinese** - Mandarin Chinese Lessons
  - Tue 3.15-4.15 (Rm 15)
  - Telephone Belinda or Ruby 0402 367 332

**Jim Joyce Tennis Coaching** - (Tennis Courts)
  - Before and after school lessons
  - Telephone 3375 3644 or Mobile 0417 771 022

**Keyboardkidz** - Contemporary Piano Tuition (Music Room)
  - Fridays 3-5pm
  - Telephone Malcolm on 3849 5954

**Korean Language School** - (Old Hall)
  - Saturdays 9-1pm
  - Telephone Young 0431 177706

**Personal Training - Spectrum PT** - (Oval & Under New Hall)
  - Mon & Thu 6.15-7.15pm, Sat 7.30-8.30
  - Telephone Kaz 0406 406 242

**Play Beautiful Football Academy** - (Oval)
  - Wed 3.15-4.15pm
  - Telephone Sam 0425 908 308

**RHEE TaeKwon-Do** - (Old Hall)
  - Wednesdays and Fridays 6.30pm-7.30pm
  - Telephone Michelle Martin 0400 826 488 or
  - Rhee TaeKwon Do HQ on 1300 132 779.

**Speech Pathology** - Helping Speech, Language and Literacy difficulties
  - Mon and Fri 8.00-9.00am
  - Telephone Keirra Middleton 0425 860 310

**Traditional Shotokan Karate** - (Old Hall)
  - Monday and Thursday 6.30 – 8.30pm
  - Telephone Sensei Steve 0417007012 www.tskfa.com.au or
  - email sandrews@tskfa.com.au

**Tennis Court Hire**
  - Contact Caitlin Simonson Ph: 3379 9559 or 0417 544 423

**Violin Tuition** - (Music Room)
  - Tue 3pm & Thu 7.15am
Telephone Liz Young 0417 922 508